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Wishing everyone a joyous and safe Holiday Season
Commander's Column

Commander's conference update

I have recently returned from the Senior Commander's Conference where the theme of the conference centered around quite naturally Desert Shield. While there, word was received that units activated were not being released, but extended.

This is in accordance with recently released DoD policy that there are no immediate plans to rotate units in Operation Desert Shield. Originally they were looking at a six month rotation. Also, stop-loss action was taken by Presidential Decree to stop both active and reserve separating through Dec. 31, 1990. This date is expected to be extended should Desert Shield activities continue.

Additional personnel action announced includes the assignment of E-7s to E-8/E-9 positions and officer education waivers. Master sergeants who are to be assigned and those already assigned are being affected by tightening PME requirements. For those being assigned and/or currently assigned they must be enrolled in Course 8 immediately. The course must be completed within 18 months of assignment or they will be removed and the position filled by someone willing to accomplish promotion prerequisites. Officers who were commissioned since October 1984 without a bachelor's degree signed a seven-year agreement to complete their education. First waivers expire in 1991 -- Federal Recognition will be withdrawn if requirements are not met. There will be no exceptions.

"Gray Area" reserve retirees patronage policy was changed effective October 1. Specifications of this will be announced under separate correspondence. The one thing needed to access facilities is your Reserve ID Card with "Ret" annotated in the service member grade block.

I would like to take this time to wish each and every one of you and your families a joyous holiday season.

Chaplain's Column

Food donations allow us to 'Dare to Care'

By Chaplain (Capt) Thomas Curry

A synonym for Christmas is the word care. Caring for the needy of other people was God's motive for the Incarnation. He cared for us so he came to us.

"Dare to Care" is a non-profit emergency food pantry for the poor and hungry of the Louisville area. The Kentucky Air National Guard has supported this worthy project in the past several years. Last year we donated more than 1,000 pounds of non-perishable canned goods, dehydrated foods, dried noodies, rice, etc. Collection boxes can be found this year in the O&T Building, the Snack Bar, Security Police, Civil Engineers, Operations and the Chapel.

Your participation is needed again this holiday season. The deposit boxes will be in place during December and January UTAs. Remember to bring your donation and show that you, too, "Dare to Care."

THE CARGO COURIER
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Deadline for submission of articles is the Friday after each UTA for publication the following UTA. Articles should be given to TSgt. Montgomery, Room 132 of the O&T Bldg.

Dec. 1, 1990

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Airmen ride 'em, shake throttle at base 'Roadeo' competition

By Maj. Toby Harrell
Asst. Public Affairs Officer

Where are the horses and bulls? This is a rodeo, isn't it?

Well, sort of. On Nov. 3 the 123rd Mobile Aerial Port Squadron put their personnel through several evaluation events, including loading, palletizing and operating their equipment.

2nd Lt. Greg Stark, OIC of Terminal Services, judged most aspects of the competition. Lieutenant Stark said there were four, nine-man loading teams in the contest. Each team had to prepare a cargo pallet and then load that pallet and a truck onto a simulated airplane. Even though speed was important for points, each team was also graded on utilizing proper loading, documentation and safety procedures.

In addition to the loading competition, there were vehicle operation and mobility contests, and a written exam. In one competition, operators had to drive an all-terrain forklift over rough ground, pick up a 4,000-pound load and then maneuver the loaded forklift through an obstacle course.

The other vehicle operations tests consisted of maneuvering a forklift over smooth terrain and operating a general purpose truck and trailer.

123d MAPS names top leaders

Sgt. Damon Williams
NCO of the Quarter Oct.-Dec. 1990

SSgt. Roy Self
NCO of the Quarter Oct.-Dec. 1990

AIC Steven Garvey
Airman of the Quarter Oct.-Dec. 1990
News

Benefits increase for retired Reservists

Retired reservists who are in a nonpay status, and are eligible for pay at age 60, better known as “Gray Area” retirees, are now authorized access to base/post exchanges and Morale, Welfare and Recreation facilities, according to the Office of the Assistant Secretary of Defense, Force Management Personnel.

The change went into effect October 1. The DD Form 2AF (Reserve, Red) ID Card issued to the Air National Guard member who retires after October 1, will have the word “Ret” entered in the grade block immediately after the member’s grade to authorize access to these facilities for the sponsor. The service member grade block on the AF Form 447, Dependent ID Card, will be annotated in the same manner as the sponsor’s.

Those members who retired prior to Oct. 1 may show a copy of their retirement order along with their ID Card to gain access to these facilities. ID cards will not be reissued just to add the word “Ret” after the rank.

Eligible family members who do not have an ID card must be accompanied by the service member to be authorized access to these facilities pending receipt of a Reserve Dependent ID Card.

These new privileges include access to exchange facilities, billeting, recreation center activities, gyms, Officer/NCO Clubs, and recreational facilities such as marinas, bowling centers, golf courses.

Hq MAC praises local communications security

The 123d Mission Support Flight recently completed its first Headquarters Military Airlift Command Communications Security Account inspection with flying colors.

"The COMSEC custodian and alternate COMSEC custodian manage an outstanding COMSEC account," the inspectors stated in their briefing. "Their commitment resulted in a discrepancy-free inspection of the account. The OIs (operating instructions) established deserve special recognition; they are among the best reviewed."

Brig. Gen. John L. Smith, 123d TAW commander, congratulated the unit for such a superb job.

Position open for first sergeant

The 123d Mission Support Squadron is in need of a highly motivated master or technical sergeant to assume the duties of first sergeant.

The AFSC is 10090 and the position authorizes a master sergeant. The commander will conduct interviews for prospective candidates this UTA and fill the position tentatively in January.

If you are interested in this position, please submit a short resume to 123d MSS/CCO, SSgt. Julie Webb, not later than today.

Change requires infant enrollment for benefits

Effective October 1, active duty sponsors will have to ensure that newborns are entered into DEERS -- Defense Eligibility Enrollment Reporting System.

Guard and Reserve members must also ensure their records are updated to reflect the addition of a child for DEERS Pre-enrollment.

This can be accomplished with a certificate of live birth, which unlike the official birth certificate is available within a few days. Children of sponsors less than one year old are no longer exempt from the requirement to be enrolled in DEERS.

Ensure your children are enrolled in DEERS to avoid potential problems with CHAMPUS payments.

For more information on Pre-enrollment or the DEERS program contact TSgt. Deborah Nelson, CBPO, Ext. 486.

THE CARGO COURIER
Dec. 1, 1990
News

Law of Armed Conflict
International Law prevents unnecessary destruction

By Lt. Col. Gary Napier
Chief, Legal Office

Operation "Just Cause" was historic. For one reason, it resulted in the court martial of soldiers at Fort Bragg for killing civilians in Panama. Perhaps we need to take another look at the Law of Armed Conflict.

The Law of Armed Conflict is international law derived from treaties and customs. Its purpose is to prevent unnecessary destruction in war; attack only targets of military importance. US forces can use sufficient force to destroy those objectives.

Action should be taken to avoid unnecessary collateral destruction. Military things used in military operations, such as tanks, aircraft, weapons, and naval vessels are regarded as legitimate targets. Economic targets such as transportation systems, communications systems and industrial installations may be attacked if they directly or indirectly contribute to military action.

Food sources may be attacked only if they are used solely to nourish armed forces. Civilian food services may not be targeted.

Geographically, areas of land may be attacked if they contribute to military operations. Populated areas such as cities and villages should not be targeted generically. Only those areas that contribute directly to military operations should be targeted.

Persons subject to targeting are military personnel and other persons who take a direct part in hostilities. Civilians are generally not subject to attack unless they take direct part in hostilities, such as intelligence operatives and civilians engaged in rescue operations. Persons attempting to surrender, even military personnel may not be attacked. "Take No Prisoners" is unlawful.

Parties to conflict have a duty to remove civilians from the vicinity of the military objective to the extent possible. Civilians should never be deliberately used to shield military operatives.

Medical personnel, ambulances, and hospital vessels that bear the red cross or crescent are international symbols of medical activities. These symbols may not be used for other than medical activities. Under the Geneva Convention, medical personnel and chaplains have a special status. If captured, they are not considered POWs and are retained only to aid POWs. Medical vehicles, including aircraft, must not be attacked, but may be captured. If medical personnel commit hostile acts they may be attacked.

Disabled aircraft may be attacked. Parachutist in distress may not be attacked. Paratroopers may be attacked.

Cultural and religious buildings and historic sites should be avoided in military operations. Demilitarize zones may be declared by agreement of all sides to the conflict. They may not be declared unilaterally.

Avoid collateral damage to civilians. It is a command decision of whether the military advantage from the target is worth the expected civilian casualties.

Never deliberately attack civilians. An attacking military force is responsible for maintaining the health and safety of noncombatants encountered in the conflict.

A POW is a captured military person. They must not be punished for having taken part in armed conflict. The conditions of captivity should be humane. POWs may be required to disclose their name, rank, date of birth, and serial number. Coercion may not be used to obtain further information.

The detaining force must provide food, clothing, shelter, and medical care. Medical personnel and chaplains are retained only if needed to aid prisoners. POWs may be forced to work. During captivity, prisoners are subject to the laws of their own nation and the laws of the detaining nation.

Deception is a lawful means of combat. Except that the protective signs and symbols such as the red cross may not be used for deception. The white flag is internationally recognized as a request to negotiate or surrender.

Saboteurs, guerrillas and mercenaries are combatants and are entitled to POW status.

Some weapons, such as weapons that cause unnecessary suffering, are prohibited. Indiscriminate weapons whose direction cannot be controlled are unlawful. Except for nuclear, weapons which may be expected to cause widespread, long-term, and severe damage to the natural environment are prohibited. Bacteriological weapons are forbidden.

Neutral nations must remain impartial in their treatment to all parties to the conflict. If not, it loses its status as a neutral nation and may be attacked. A neutral nation may not allow a combatant to use its territory. The neutral nation may defend its territory and airspace.

US forces are required to report violations of the Law of Armed Conflict. Violations of the Law of Armed Conflict subject the offender to disciplinary action. International law allows all nations to try captured enemy personnel for "war crimes" which are in violation of the Law of Armed Conflict. International law also imposes certain minimum due process standards on all nations to ensure basic fairness.

Whether or not you agree with the Law of Armed Conflict, it is the law. The United States will lead by example, irrespective of what other nations do.
Health Update

Dental emergency tips

Submitted by Maj. John Moore,
Chief of Base Dental Clinic

At some point, you may find yourself in the middle of a “dental emergency.” The following tips can help you deal with one of the most common emergencies: toothache.

Toothache has been called one of the three or four most unbearable pains ever suffered. The problem is usually decay reaching the pulp or nerve of the tooth.

Toothache is not the same as the pain you may experience when you sip hot or cold drinks, suck in cold air or eat sweet, sour, or acidi foods. This pain usually comes from a hypersensitive tooth.

Children’s teeth, in particular, are sensitive to abrupt temperature and taste changes.

True toothache is an intense pain in the tooth or jaw. It can begin for no apparent reason. A swollen jaw and some fever accompanying the toothache usually mean an abscess has formed. In an abscess, the decay has eaten through the pulp and has infected the gums and hard tissue below.

When you have a toothache, you should call your dentist as soon as possible. He or she will advise you what to do next. Because people often look to home remedies first, let’s look at several ways “not” to treat a toothache.

- Don’t ignore your toothache. Even if the pain stops suddenly, it does not mean that the tooth has cured itself.
- Don’t place aspirin directly on the aching tooth or allow it to dissolve in your mouth. Aspirin must enter your bloodstream to work. In your mouth, it will only irritate your gums and can actually burn oral tissue.
- Don’t swish a mouthful of whiskey around the tooth. The reason people sometimes think this popular folk remedy works, is that the alcohol burns the gums and, by contrast, the tooth seems to hurt less.

If you break a tooth, gently clean the dirt or debris from the injured area with warm water. Place cold compresses on your face in the area of the injured tooth, to minimize swelling. Call your dentist immediately.

If your tooth is dislodged, the dentist may be able to reimplant it in its natural socket, provided it is saved properly. Here’s how to preserve a tooth.

1. Handle it by the top, not by the roots.
2. Rinse the tooth. If the tooth is dirty, rinse it gently under running water. Do not scrub it or put antiseptic on it.
3. Gently place it in the socket and hold it there. If this isn’t possible, place the tooth in a glass of milk. If you come to the dentist’s office within 30 minutes, you’ll have a better chance of saving the tooth.

Before reaching for that next drink, consider the effects on your body

Submitted by
Dr. (Capt.) David Graastrom
Health Promotions Coordinator

You’re picking up more than just a bar tab each time you have a few rounds -- maybe more than you bargained for.

Before you reach for that next drink, consider this: There’s a lot more going on inside your body while you drink than that warm feeling of relaxation you may be experiencing.

Alcohol is a mind-altering drug with a wide range of physical effects. Some examples of what it can do:

- Impair judgement, interrupt memory, In the long term, destroy brain tissue and ruin ability to learn or create new memory. Also, alcohol use can be addictive.
- Slow reaction time -- extremely dangerous when driving.
- Irritate membranes lining the esophagus and stomach, causing indigestion and vomiting.
- Cause blood vessels to dilate, drawing more blood out to the skin, leaving internal organs with less blood supply for vital functions.
- Lead to hepatitis and cirrhosis of the liver, with long-term regular use. Both of these diseases interfere with liver function and can be fatal.
- Damage heart muscle and cause high blood pressure over the long term, in some people who consume three or more drinks a day.
- Blur vision. With all that alcohol does to your body, the last place you should be is behind the whee. Alcohol gets into the bloodstream quickly and its effects become dangerous immediately. Alcohol-related automobile accidents kill more than 23,000 people annually.

Although in some cases it may take a 150-pound person as many as five drinks to reach the blood alcohol level at which it is illegal to drive, it can take very little alcohol to affect that same person’s driving skills, making it very unwise to take the wheel.

The solution? If you’re drinking -- no matter how sober you feel -- let someone else drive. Have a designated driver, someone in your group who will handle the driving and not drink alcoholic beverages. Or call a cab.
News

Service members cautioned over Desert Shield media talk

Operation Desert Shield has generated a deluge of questions from Air National Guard members and their families as well as the general public and the news media. Much of the help needed by ANG families is available from base offices.

Local consolidated base personnel offices have policy guidance on personnel-related issues such as assignments, reenlistments, retraining, retirements and much more. ANG members deployed in support of Desert Shield can contact the appropriate office for help with these issues. Unit orderly rooms and, in many cases, base family support centers are able to help answer questions from the family members of deployed personnel.

All questions from news media representatives should be immediately referred to the base public affairs office or the state National Guard public affairs office in Frankfort. If personal comments are made during an interview with the media, this also must be approved by your local or state public affairs officer and the base commander.

Air Force and ANG officials urge all members subject to deployment to take care of as much personal and personnel business ahead of time as possible. For more information that concerns KyANG members, please refer to Publication 211-01, Benefits and Entitlements for ANG Members, which was published by the KyANG during the mid-1980s.

Desert Shield want list

Logistics Agency workers establish hotline for donations

American Forces Information Service

Defense Logistics Agency workers are manning a hotline to handle donations for Operation Desert Shield.

The hotline, 1-703-274-3561, is answered Monday through Friday, from 8 a.m. to 4 p.m., Eastern time. During non-duty hours, an answering machine takes messages.

Agency officials have compiled a list of items acceptable for donations, said Army Lt. Col. Henry Wyatt. "There's been a tremendous amount of interest from the general population concerning what they can send and how to send the items," said Colonel Wyatt, a reservist working at the agency who was called up to support Operation Desert Shield.

The list provides ideas of what the military services can use in the gulf. Officials hope the list will also prevent the shipment of perishable items and items that Saudi Arabian customs officials might seize.

The list includes items for:

- Reading Material: Comic books, paperback books;
- Writing Material: Stationery, pens, holiday cards;
- Games: Chess, checkers, backgammon, cards;
- Hobby: Macrame, needlecraft kits, paint and drawing supplies;
- Music and Audio: Blank and prerecorded video and audio tapes, instruments, radios and batteries; and
- Miscellaneous: Whiffle balls, sun visors, sun block and insect repellant.

Colonel Wyatt explained that individuals who would like to send gifts to the troops in the Persian Gulf should send them to one of the "any service member" addresses. However, Colonel Wyatt recommended calling the hotline for additional information before sending the items.

The addresses are:

- Any Servicemember
  Operation Desert Shield
  APO New York 09848-0006
  (for Army, Air Force and land-based Marines)

- Any Servicemember
  Operation Desert Shield
  FPO New York 09866-0006
  (for Navy and shipboard Marines)

The Defense Logistics Agency has to approve donations of more than one kind of item, said Colonel Wyatt. The agency can check that the troops need the items in Desert Shield.

Monetary contribution are also being accepted for the operation in the Persian Gulf. A check, made payable to the U.S. Treasury and annotated "Operation Desert Shield" can be sent to:

Washington Hqs Service Installation Accounting Division
Attn: Robert Miller
Pentagon, Room 3B269
Washington, DC 20310-1155
Volleyball benefits Dare to Care

Members of the KyANG are hosting a first-ever "Dare to Care" Volleyball Tournament.

The tournament is open to all KyANG members, technicians and state employees and will be held Dec. 21 in the hangar. The purpose is to collect canned goods for the KyANG's contribution to the "Dare to Care" program.

Teams will be no larger than eight members with no more than six people playing on the court at any one time. This is amateur style volleyball so everyone can participate.

Each person assigned to a team must pay two canned good items to play. Team captains will be assigned and will be responsible for collecting the canned goods.

Anyone wishing to form a team and join in this effort to raise food for families who are less fortunate should contact one of the following directors before Dec. 18: Mike Mitro, Ext. 589; Frank Bronger, Ext. 455; or R.D. Richardson, Ext. 633.

Light blue shirt requires epaulets

A reminder to individuals attending formal technical schools or professional military education courses, wearing of the light blue shirt without epaulets is unauthorized. This was phased out June 1, 1989 in accordance with Air Force Regulation 35-10, paragraph 2-6a and Atehment 2.

The point of contact for AFR 35-10 issues is TSgt. Deborah Nelson, CBPO, Ext. 486.

MWR activities accept Dinners Club

RANDOLPH AFB, TEXAS (AFNS) -- Air Force Morale, Welfare and Recreation Food Service Operations are now accepting Dinners Club credit cards.

Diners Club cards have been issued since June 1, 1990 to military people and federal employees to cover lodging expenses.

Now more than 180 Air Force locations worldwide are able to accept the Dinners Club card for billeting, food service and travel expenses. MWR food operation facilities operated by Officers Clubs, Noncommissioned Officers Clubs, Airmen's Clubs and Consolidated Clubs now accept the card for food expenses.

Local accounting and finance travel offices and MWR Clubs have more information.

Prep course students authorized PME Ribbon

According to Air Force Military Personnel Center officials, the Professional Military Education Graduate Ribbon will now be worn by graduates of the Noncommissioned Officer Preparatory Course.

Authorization for wear of the decoration is retroactive to April 1, 1984, when the preparatory course began. Persons who have graduated from higher levels of NCO PME will wear a bronze oak leaf cluster on the ribbon for completing the NCO Prep Course.

Weather station helps Santa

American Forces Information Service

Every year at this time, the post office delivers thousands of letters to Santa Claus from children telling him what they want to find under the tree on Christmas morning.

An Air Force weather detachment in Alaska has helped Santa answer his mail for more than 20 years. Located eight miles from North Pole, Alaska, members of Detachment 2, 11th Weather Squadron, saw the North Pole post office was getting more mail for Santa than it could handle. They decided to step in and help Santa answer his mail.

"It's become kind of a family affair," said TSgt. Royce Chapman, Eielson Air Force Base public affairs office. The detachment's members bring in their spouses, children and friends to help with the more than 3,000 letters received annually. Night after night, as letters come in, the detachment works on mail received that day and reads it for next-day dispatch.

If you know a child who would like to receive a letter from Santa postmarked from the North Pole, send the child's letter, the letter you want the child to receive from Santa and a stamped envelope addressed to the child to:

Detachment 2
11th Weather Squadron
Eielson AFB, AK 99702-5000

Letters need to reach Eielson before Dec. 10 to make sure Santa's letter with the North Pole postmark is delivered in time.

Promotions

To MSgt:
Glendal L. Bellow, 123d SPFlt
James M. Gannon, Hq KyANG
Wayne L. Miller, 123d RMS
John W. Seay, 123d SPFlt
To TSgt:
Esha G. Gregory, 123d RMS
Mary F. Porter, 123d MSS
To Sgt:
Barry C. Adair, 123d CFT
Kevin M. Higdon, 123d CFT
Cathy R. Mudd, 123d RMS
Paul D. Price, 123d SPFlt
Gary L. Spaulding, 123d MSS
Stephen A. Young, 123d CAM