Aiming High

Ketterer, Sprake and Malone named 2002 Airmen of the Year

By Tech. Sgt. Amy Ziegler
Cargo Courier Editor

All members of the Kentucky Air Guard are held to extremely high standards. Living the Air Force core values—integrity, service before self and excellence—is not an option for KyANG troops but a way of life. With more than 1,000 deserving airmen on base, identifying the wing’s top enlisted performers each year is an extremely difficult task, said State Command Chief Master Sgt. Kenny Fogle, who headed the selection board for the Kentucky Air Guard’s 2002 Airman of the Year competition.

“There were about 25 airmen who were nominated and met the board, which made the selection process like splitting hairs,” Fogle said. “We have so many great troops and unknown heroes on this base, to even be nominated in this group of 25 is an honor itself.”

That says a lot about the Kentucky Air Guard as an organization, Fogle added. “While all of the candidates were exceptional, three shone through with their positive outlooks and enthusiasm,” the command chief said.

After extensive evaluation by the review board, Senior Master Sgt. Pat Malone, Tech. Sgt. Bill Sprake and Senior Airman Josh Ketterer were named the “best of the best.”

Ketterer, who has been in the unit less than three years, is a

Asia, he not only was the ranking enlisted pararescueman but also was responsible for combat search and recovery in his geographic area of operations. Malone flew aboard rotary- wing assets on notable combat missions, where his medical knowledge was paramount in saving the lives of American and friendly host-nation personnel who had been wounded, Shoop said.

A banquet to honor Ketterer, Sprake and Malone will be held tonight at 7 at the Bullitt County Convention Center in Shepherdsville, Ky. The guest speaker will be Heather French Henry, former Miss America and wife of Lt. Gov. Steve Henry.

For more information, contact Command Chief Master Sgt. Mike Miro at ext. 4465.

Aiming High
Continued from Page 5

Col. Mike Dombush, executive support staff officer for state headquarters, presents Senior Master Sgt. Rose Farquhar with a silver cup during her retirement ceremony here Jan. 12. Farquhar was the recruiting and retention supervisor for state headquarters and spent more than 22 years in the Kentucky Air National Guard.

Tech. Sgt. Mark Rines/KyANG

For more information, contact Command Chief Master Sgt. Mike Miro at ext. 4465.
Fogle reflects on his career in the Guard

As I wrote in a previous column, you can take the airman out of the Kentucky Air Guard, but you can’t take the Kentucky Air Guard out of the airman. Whether you served only one year or retired after 25 years, the KyANG will always remain a part of your life on Earth. In my 20 years with the Guard, I’ve met many wonderful, professional people. I was convinced when I joined in 1982 straight out of the active duty Air Force that the unit here was a top-notch organization, and I am even more of that today. If I have been successful in this job in any way, it’s because I’m not foolish enough to think that I can do any job of any significance in the Kentucky Air Guard alone. Morale is high on this base, and it is high for many reasons, primarily because any other attitude is simply not acceptable. Whining and complaining are not part of the mindset of the Senior Enlisted Leadership here at the KyANG. The higher in rank you achieve, the more you understand that you must be successful in this organization, you must be willing to accept what comes to you in a positive, upbeat manner. To be any other way simply will not be tolerated by your peers. When you are not worried about who gets the credit, there is no limit to what you can do. Quiet accomplishments by average people are what truly make the difference in success and failure in a project. There are many more people who simply do their jobs and do them well than any who excel beyond normal expectations. See FOGLE, Page 4

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Wing Public Affairs Officer............Dale Greer
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An electronic version of the Cargo Courier is available at the Kentucky Air Guard’s Web site — www.kyolouang.af.mil

Use common sense when posting to Internet

By Master Sgt. Scott Elliott

Air Force Print News

WASHINGTON—Recent advances in technology have Air Force officials urging airmen to use common sense and remember operations security when posting on the Internet. An item of special concern is the placement of photos of forward operating bases on personal Web sites. What has officials worried is the possibility of adversaries collecting those photos and using them to plan attacks against U.S. Forces. According to Lt. Col. Briese Bloxam, Air Force operations security program manager, airmen have posted photos on their Web sites of personal living areas, common-use areas such as dining facilities and basketball courts, operations buildings, perimeter fences and guard shacks.

“It makes people very nervous when they come across those (on the Internet),” Bloxam said, is one of the keys to effective force protection. “Ultimately what’s important is that OPSEC can and does save lives and in- creases our mission success rate,” he said.

While there are no specific regulations or laws that prevent someone from posting unclassified information on a personal Web site, Bloxam said people should keep in mind the Internet’s reach.

“At present, there is nothing that says I can’t take personal photos with my personal camera and post them,” Bloxam said. “But when you post something on the Web, you’re posting to the world, and you don’t control who has access to the information you’re posting. You’re open to threat, and you may put others at risk in the same way.”

In a recent case, Bloxam said, personal photos taken by an airman and placed on a personal Web site were downloaded and placed on an anti-American site.

What began as “I was here” photos for friends and family became propaganda material used by an adversary. Air Force legal officials say a commander’s right to protect his forces may supersede a person’s right to post. “I would be surprised if anybody would argue that they’d have some sort of First Amendment right to publish photos... especially when we’re in a heightened state of security,” said Lt. Col. Timothy W. Murphy, chief of the command doctrine and employee law branch in the office of the Air Force Judge Advocate General.

“National security and the security of personnel are compelling reasons... to prevent this type of speech,” he said.

Murphy said if a commander determines there are legitimate security concerns, he can prohibit personnel from posting to the Internet from his location, even if in that means curtailing “moral call” types of e-mail access.

“When you put security concerns together with the fact that you’re using government Internet access time, it’s reasonable for the U.S. military to say ‘No pictures,’” he said.

While commanders may have the ultimate responsibility, Bloxam said, maintain operations security and force protection is everyone’s business.

“Security, ultimately, is everyone’s responsibility,” he said. “It’s everybody’s duty to protect themselves and the U.S. armed forces, even if that means you don’t send out a photo over the Internet. That ‘innocent’ case of you standing outside your dorm may provide an adversary all kinds of information.”

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CHIEF'S CALL

This funded Air Force newspaper is an authorized published for members of the U.S. military services. Contents of The Cargo Courier are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Air Force.

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Staff Sgt. Jason Gamble/Courier

March 1, 2003

The Cargo Courier

Air Force News

OPERA T I O N N O R T H E R N

W A T C H — An E-3B

Sentry Airborne Warning and Control System

aircraft refuels along the Iraqi border as part of Operation Northern Watch mission of enforcing the no-fly zone over northern Iraq. The AWACS is assigned to the 510th Air Control Group at Tinker Air Force Base, Okla.

AIR FORCE NEWS

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March 1, 2003
Dust in the wind


Body modification guidance revised

By Staff Sgt. A.J. Bosker
Air Force Print News

WASHINGTON — The Air Force has revised personal appearance guidelines in response to a trend involving extreme body modification and mutilation that is becoming common among a small, yet growing, segment of the population, according to personnel officials.

This change is in Air Force Instruction 36-2903, Dress and Personal Appearance of Air Force Personnel.

It prohibits airmen from intentionally altering or modifying their bodies in order to achieve a visible effect that disfigures, deforms or otherwise detracts from a professional military image, said Lt. Col. Frank Pombar, chief of the Air Force quality of life programs and uniform branch at the Pentagon.

“The Air Force is a profession of arms and there are certain appearance standards that we must adhere to,” Pombar said. “Whether in or out of uniform, we represent the Air Force and must conduct ourselves professionally.”

Although the colonel believes very few airmen will actually be impacted by this policy clarification, it will benefit recruiters, first sergeants, commanders and airmen.

“For some time now, recruiters have been seeing a growing number of people with extreme body alterations or piercings,” he said. “Without specific guidance, recruiters often had to rely on personal opinion or taste to make a decision as to what was or was not appropriate.”

The report found that 12 seconds before impact, the aircraft and crew were taken part in a training mission, conducting low-level training at night in mountainous terrain.

All 10 people on board, including two members of the Kentucky Air Guard, Tech. Sgts. Christopher Matero and Martin Tracy, both combat controllers, were killed when the Combat Talon crashed near Caguas, Puerto Rico.

The accident investigation board was led by Brig. Gen. Vern M. Findley II, 5th Air Force vice commander, Yokota Air Base, Japan, and consisted of aircraft and aircraft systems experts.

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Promotions, retirements & separations

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- Nicholas Dobson, 123rd Aircraft Generation Sq.
- James Egner, 123rd Student Ft.
- John Wadsworth, 123rd Student Ft.

STAFF SERGEANT (E-5)
- Casey Carmichael, 123rd Logistics Sq.

TECHNICAL SERGEANT (E-6)
- Embry Hei Jr., 123rd Civil Engineers Sq.

SENIOR MASTER SERGEANT (E-8)
- Christopher Burt, 123rd Security Forces Sq.
- Master Sgt. Donald Briney, 123rd Logistics Sq.

The following individuals have retired as members of the Kentucky Air Guard:

- Master Sgt. David Goatley, 123rd Logistics Sq.
- Master Sgt. Johnny Holton, 123rd Airift Sq.
- Master Sgt. Charles Jones, 123rd Civil Engineers Sq.
- Chief Master Sgt. William Smith, 123rd Civil Engineers Sq.
- Tech. Sgt. Norman Thomas Jr., 123rd Civil Engineers Sq.
- Master Sgt. Barry Swann, 123rd Airlift Wing
- Staff Sgt. Guy Weis, 123rd Aerial Port Sq.

The Cargo Courier
March 1, 2003
Smith selected as first sergeant of the year
By Senior Airman Mark Flener
Cargo Courier Staff Writer

Maj. Gen. Thomas Smith, the 165th Airlift Wing recently
was recently named the Kentucky Air Guard’s First Sergeant of the
Year.

Smith, who was activated last year in support of Operations
Noble Eagle/Enduring Freedom, said he was quite surprised to be
nominated.

“I really didn’t know my commander put me in for the award
until I got a letter notifying me I’d been nominated,” Smith said.

“It’s really an honor to be selected. All the other first ser-
gtains I’ve worked with are top-notch.

“More than one person could be selected, but looking at
how the first sergeant position has evolved, it’s difficult to
determine who should get the award,” he said.

As a first sergeant, Smith is responsible for acting as a liaison
between the enlisted troops and the commander.

“My job is to take care of the people, particularly the enlisted
force,” he said.

Smith also serves as the first sergeant for the 123rd Airlift
Wing Headquarters, the 165th Weather Flight, the 123rd Opera-
tions Support Flight, the 123rd Operations Group and the 123rd
Airlift Control Flight.

According to Smith, handling the first sergeant’s duties for
six units is as difficult as it might seem because of the compe-
tence and professionalism of the unit members themselves.

Some of these units run so well, there’s usually little I need
to do,” he said.

Smith joined the wing in 1984 and worked in civil engineer-
ing before taking his current position with the 165th in 1997.

Spring brings us help and hope

I predict that Spring will come, eventu-
ally.

My hope lies in 49 years of personal ex-
perience with the seasons of life.

Experience also reminds me that one of
winter’s hazards is depression.

You may know someone suffering pro-
longed periods of sad feelings or blues.

Depression has been a part of the human con-
dition since the begin-
ning of time.

Evidence of the illness ap-
ppears even in Scripture.

“Is it nothing to all you who
pass by? Look and see if there is
any sorrow like my sorrow which was
brought upon me.” (Lamentations 1:12)

Depression has several symptoms which
point to the need for proper attention.

Among these are:

—Loss of interest in sex and activities
once enjoyed.
—Changes in weight or appetite
—Feeling guilty, hopeless or worthless
—Inability to concentrate, remember things
—or make decisions.
—Fatigue or loss of energy
—Restlessness or decreased activity noticed
by others.
—Thoughts of suicide or death.

Managing depression may involve a combination of
spiritual, psychological and medical attention.

Be aware of the symp-
toms and take advantage of the tremendous
resources available to treat depression.

Remember, Spring is coming! We have
help and hope.

—Lt. Col. Tom Curry
Wing Chaplain
—Command Chief Master Sgt.
Kenny Fogle

Fogle reflects
Continued from Page 2

I’m most proud of the humble
airman who doesn’t really know that
he’s making a difference, but does
the best he can because it’s simply
the right thing to do and he doesn’t
know it any other way.

The world is run by common,
average people doing the best they
can and not receiving great praise
but feeling a sense of pride and
accomplishment in themselves and
being ready to get up the next day
and do it all over again.

These are my thoughts while
reflecting over a 25-year career
and the people I’ve had the fortune
to meet and know in the Kentucky
Air Guard. Keep up the good work.

—Command Chief Master Sgt.
Kenny Fogle

Aiming High
Continued from Front Page

command post controller in the 123rd Air-
lift Wing and a full-time student at the Uni-
versity of Louisville, majoring in Human
Resource Development.

In his KyANG position, Ketterer handles
message traffic, developing checklists and
coordinating information for the base.

Ketterer’s supervisor, Master Sgt. Curtis
Meurer, attributes much of the airmen’s suc-
cess on the fact he places so much own-
ership in command post operations.

“Josh is always willing to go the extra
mile,” Meurer said. “He is quality-focused
and, even outside of duty hours, he always
remains available.

“Josh came to the shop as a very junior
member but very quickly became a full-time
asset,” Meurer said. “Josh is a very high-
energy and motivated individual.”

Despite being activated in 2002, Ketterer
still managed to make the dean’s list twice
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base Honor Guard.

“We are exceptionally proud of Josh,”
said Meurer, who noted that the command
post now has back-to-back Airman of the
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Tech. Sgt. Bill Sprake is a combat con-
troller in the 123rd Special Tactics Squad-
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He pulled two rotations in Operation Endur-
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“Bill always exceeds the expectations of
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Senior Master Sgt. Pat Malone is the
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Malone has put together a winning com-
bination of younger pararescuemen and con-
tinues to build what can only be described as
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tion, said Maj. Jeremy Shoop, the unit’s
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Malone also has been “absolutely indis-
ensible” as the unit continues its conver-
sion from a small flight to a full squadron,
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While participating in Operation Endur-
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Based at a classified location in Southwest

See AIMING HIGH, Back Page

LEFT: Senior Master Sgt. Pat Malone, a pararescueman in the 123rd Special Tactics Squadron, has put together a “dream team” since the unit began its conversion from a small flight to a full squadron.
**Smith selected as first sergeant of the year**

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“I predict that Spring will come, eventually.

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While participating in Operation Enduring Freedom last year, Malone was essential to establishing and maintaining combat search and rescue capability for the Joint Special Operations Aviation Component-South, Shoop said.

Based at a classified location in Southwest Asia, Malone stored and removed pararescuemen equipment and navigated through hostile enemy territory, all while operating in temperatures that reached 120 degrees.

“Bill always exceeded expectations,” Shoop said.

“His desire is to give back to the country and not only does he do that, he does it in a way that he can make others feel like they're a part of the process,” Shoop said.

Continued from Page 2

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--Continued from Front Page
Kentucky Air National Guard

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Preventing smallpox

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• Chief Master Sgt. William Smith, 123rd Civil Engineers Sq.
• Tech. Sgt. Norman Thomas Jr., 123rd Civil Engineers Sq.
• Master Sgt. Michael Webb, 123rd Logistics Sq.

The following individuals have separated from the Kentucky Air Guard:

• Senior Airman Jessica Farquhar, 123rd Communications Flt.
• Airman First Class Jeff Gora, 123rd Student Flt.
• Senior Airman Robert Grzech, 123rd Logistics Sq.
• Master Sgt. Barbara Swann, 123rd Airlift Wing
• Staff Sgt. Guy Welis, 123rd Airlift Wing

The vaccination will be given to members of the Kentucky Air Guard who deploy to high-threat areas.

Promotions, retirements & separations

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When posting to Internet...
Farewell

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Aiming High

Continued from Page 5

Asia, he not only was the ranking enlisted pararescueman but also was responsible for combat search and recovery in his geographic area of operations. Malone flew aboard rotary-wing assets on notable combat missions, where his medical knowledge was paramount in saving the lives of American and friendly host-nation personnel who had been wounded, Shoop said.

A banquet to honor Ketterer, Sprake and Malone will be held tonight at 7 at the Bullitt County Convention Center in Shepherdsville, Ky. The guest speaker will be Heather French Henry, former Miss America and wife of Lt. Gov. Steve Henry. For more information, contact Command Chief Master Sgt. Mike Muro at ext. 4465.

Ketterer, Sprake and Malone named 2002 Airmen of the Year

By Tech. Sgt. Amy Ziegler
Cargo Courier Editor

All members of the Kentucky Air Guard are held to extremely high standards.

Living the Air Force core values—integrity, service before self and excellence—is not an option for KyANG troops but a way of life.

With more than 1,000 deserving airmen on base, identifying the wing’s top enlisted performers each year is an extremely difficult task, said State Command Chief Master Sgt. Kenny Fogle, who headed the selection board for the Kentucky Air Guard’s 2002 Airman of the Year competition.

“There were about 25 airmen who were nominated and met the board, which made the selection process like splitting hairs,” Fogle said. “We have so many great troops and unknown heroes on this base, to even be nominated in this group of 25 is an honor itself.”

That says a lot about the Kentucky Air Guard as an organization, Fogle added.

“While all of the candidates were exceptional, three shone through with their positive outlooks and enthusiasm,” the command chief said.

After extensive evaluation by the review board, Senior Master Sgt. Pat Malone, Tech. Sgt. Bill Sprake and Senior Airman Josh Ketterer were named the “best of the best.” Ketterer, who has been in the unit less than three years, is a member of the Kentucky Air National Guard

See AIMING HIGH, Page 5