

THE CARGO COURIER

123rd Airlift Wing, Kentucky Air National Guard, Louisville, Ky.

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Kentucky Airmen deploy to Afghanistan

Wing will provide C-130 airlift services through September

By Capt. Dale Greer
Wing Public Affairs Officer

The first 34 of more than 210 Kentucky Air National Guardsmen deployed to Bagram Air Base, Afghanistan, on July 5 to provide airlift services in support of Operation Enduring Freedom.

The Airmen, assigned to the unit's 123rd Airlift Wing, included pilots, navigators, loadmasters, maintenance personnel and various support troops.

Additional rotations of Kentucky Airmen and C-130 aircraft will deploy through Sept. 10, when the wing is expected to complete its participation in the mission.

Most of the troops will serve on rotations lasting approximately 30 days before being replaced by further rotations of Kentucky Air Guardsmen, officials said.

While deployed, the Airmen will fly airlift missions in the Central Command area of responsibility, which includes Afghanistan, Iraq and Northern Africa.

Since Sept. 11, 2001, more than 8,818 members of the Kentucky Army and Air National Guard have deployed worldwide in the Global War on Terror.

"I'm extremely proud of our troops for answering the call to deploy for this mission," said Col. George Scherzer, commander of the 123rd Airlift Wing.

"Once again, Kentucky's citizen-Airmen have shown their desire to step up to the task and go wherever they're needed, anywhere in the world."



Members of the 123rd Airlift Wing deploy from the Kentucky Air Guard flightline for Bagram Air Base, Afghanistan, on July 5.

The Airmen will provide airlift services in the Central Command Area of Responsibility as part of Operation Enduring Freedom and the Global War on Terror.

More than 210 Kentucky Air Guardsmen and multiple C-130 aircraft are expected to deploy in support of the mission through September 10.

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Photos by Capt. Dale Greer/KyANG

Physical fitness can mean the difference between life and death in today's Air Force

Our mission requires us to be physically fit. Being fit can prove to be the deciding factor between life and death for Airmen and their fellow Wingmen when combat actions require extreme physical exertion.

Airmen must constantly hone their physical abilities to withstand and overcome the demanding rigors of deployment and combat.

It's been more than three years since the current fitness program was implemented.

I am pleased with the progress our Airmen have made. Physical fitness has truly become a part of our warrior ethos.

Fitness facility use across the Air Force is up, and everywhere I travel I see Airmen participating in unit-led and individual physical training programs.

I applaud our Airmen who realize the importance of peak physical fitness.

However, I realize there are also Airmen who are not living up to their health and fitness potential.

With every Airman critical to completion of Air Force air, space and cyberspace missions, we need all Airmen physically capable of performing



**Chief Master Sgt. Rodney J. McKinley,
Chief Master Sergeant of the Air Force**

at the highest level.

Maintaining physical fitness and dress and appearance standards are individual responsibilities.

Air Force fitness standards must be maintained, and compliance with these standards may soon be documented on Air Force performance reports.

As with any area where Airmen

don't meet the established standards, failure to meet physical fitness standards can result in a referral performance report.

While working to improve fitness levels, it's important to realize that passing the annual fitness test is not the Air Force fitness goal.

Training to the test won't help as much as a mix of cardiovascular, muscular and flexibility training.

To successfully boost fitness levels, we must all make regular exercise and a healthy lifestyle a part of our daily regimen.

The benefits of a fitter force extend beyond individual fulfillment. The Air Force spent \$3.9 billion on health care last year.

By improving overall Airmen fitness levels, we can decrease these health care expenditures and keep our Airmen out of medical treatment facilities and on the job.

I encourage you to establish personal fitness goals as you participate in unit and individual-based physical training programs and provide assistance to those needing encouragement.

The rewards will be obvious and beneficial to all.

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Our office is located in room 2118 of the Wing Headquarters Building. Deadline for the next issue is Sept. 14.

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An electronic version of the Cargo Courier is available at the Kentucky Air Guard's Web site — www.kyang.ang.af.mil

Medical group collecting items for children

Members of the 123rd Medical Group are collecting toys and candy as part of their participation in humanitarian missions in Central and South America.

Six members of the unit currently are assigned to the U.S. Naval Ship Comfort, a hospital vessel providing medical care to underserved civilian populations.

The Airmen are seeking donations of small stuffed animals, hard candy, stickers, soccer balls and toys to give to pediatric patients.

Donations are being accepted in the administrative area of the 123rd Medical Group, which will ship the items to the Comfort as needed, said Chief Master Sgt. Johnie Cherry, group health systems manager.

For more information, contact Chief Cherry at (502) 413-4413.

Adams earns association title

Capt. Patricia Ward Adams, an optometrist in the Kentucky Air Guard's 123rd Medical Group, has been named Young Optometrist of the Year by the Kentucky Optometric Association.

Captain Adams was recognized in part for her work as chief of optometric services at the Kentucky Air Guard, a position she has held for two years.

Captain Adams also has traveled overseas multiple times as a civilian to provide eye care for poor patients, mostly in Central and South America.

Services wins top NGB award

Ingram, Haight also honored for service

By Capt. Dale Greer
Wing Public Affairs Officer

The Kentucky Air Guard's 123rd Services Flight has been named the 2007 Services Flight of the Year by the National Guard Bureau, officials announced June 10.

At home station, the 29-member flight operates dining facilities, lodging services, recreational activities, mortuary affairs and honor guard details for Airmen assigned to the Louisville, Ky.-based 123rd Airlift Wing.

That role expands during deployments to include the operation of mobile field kitchens and other support activities.

The National Guard Bureau award recognizes the flight's exceptional performance in a variety of deployed and non-deployed settings throughout 2006, said Brig. Gen. Michael Dornbush, the Kentucky Air Guard's chief of staff.

"A lot of folks don't realize how often this unit has gone outside Kentucky to provide comfort and relief," General Dornbush said during an award ceremony held in the Base Annex on June 10.

Citing deployments to West Virginia,

Mississippi and Louisiana following flooding and hurricanes, the general said he was trying to paint a picture of "29 very engaged people."

"This has always been a unit of excellence, but these folks have taken it to the next level," General Dornbush told the audience.

Col. William Ketterer, commander of the 123rd Operations Group, took the opportunity to thank family members for their role in the flight's success.

"It takes a lot of sacrifice on the part of family members to support these Airmen, and I really appreciate that," he said.

Addressing the unit's members directly, flight commander Capt. Robert Geary said he was "very blessed to have you as a part of my team."

"This award is all about you, your efforts and your dedication," he said. "You guys are the best."

Two members of flight also were recognized for exceptional individual achievement.

•Senior Airman Brittany Ingram was named the 2007 Services Airman of the Year for both the Air National Guard and the entire Air Reserve Component.

•Tech. Sgt. Wendy Haight was named the 2007 Air National Guard Services NCO of the Year and the 2007 Base Honor Guard Program Manager of the Year.



Tech. Sgt. Dennis Flora/KyANG

Members of the 123rd Services Flight display their National Guard award June 10.

Royal Welcome

Brig. Gen. Howard Hunt, Kentucky's assistant adjutant general for Air, greets England's Queen Elizabeth II on the base flightline May 5.

The queen, who was in town to attend the Kentucky Derby, flew to the base aboard a private helicopter from Lane's End Farm in Woodford County, where she and her husband, Prince Philip, were staying as guests of Sarah and Will Farrish, a former ambassador to Great Britain. Within eight minutes of landing, the queen and her party were en route to Churchill Downs as part of an 11-vehicle security detail.

The queen returned to the Kentucky Air Guard immediately after the 133rd Run for the Roses and departed with the Farrishes for Lane's End Farm.



Tech. Sgt. Dennis Flora/KyANG

Mentoring information available online

Air Force Portal offers tools, resources for enlisted development

By Senior Master Sgt. Monica Rich
Wing Human Resources Advisor

Information on the Air National Guard's Mentoring Program is now available to all unit members through the Air Force Portal, www.my.af.mil.

Airmen are encouraged to log in to the portal, click on "Featured Links" and browse to the "Top Viewed: Careers" column for detailed guidance on the Enlisted Development Plan, or EDP.

The focus of the EDP is to maximize performance of Airmen through positive mentoring relationships. It is broken down into three separate modules — Education & Training, Leadership and Job Experience.

Please note that Airmen cannot formally

request guidance from potential mentors until supervisors and those willing to be mentors have registered and created their own EDPs at the Air Force Portal.

Although we recognize mentoring happens both formally and informally in each organization, the EDP helps Airmen develop professional goals, draft a plan to achieve those goals and track progress in personal journals with embedded calendars to keep them on task.

Mentors will be able to view a protégé's progress and add comments for guidance.

Data is linked to the Virtual MPF, but other members authorized to view an individual's plan will not have access to any Privacy Act information such as home addresses or Social Security account numbers.

The EDP has direct links to appropriate Air Force Instructions, Air Force Doctrine and other information required for career development.

You can, for instance, locate the mini-

mum requirements for promotion to the next rank and outline the appropriate steps to prepare for promotion.

Other features of the EDP allow Airmen to participate in online forums open to all Air Force enlisted members and maintain a personal library.

Once enrolled, supervisors and mentors can participate in all phases of an Airman's development.

Although some sections of the EDP are geared primarily toward active-duty members, the National Guard Bureau is actively working on creating more suitable options for ANG members.

The bureau also is working to develop a similar plan for the officer corps.

I challenge each of you to develop a plan for your future!

For more information on the Enlisted Development Plan or the Air National Guard Mentoring Program, please contact the 123rd Airlift Wing Human Resources Advisor at (502) 413-4408.

Operation Enduring Freedom



Coworkers and family members gather at the Kentucky Air National Guard Base July 5 to bid farewell to 34 Airmen who are deploying to Baghram Air Base, Afghanistan.

Staff Sgt. Clint Stinnett, a loadmaster in the 165th Airlift Squadron, runs through a pre-flight checklist before takeoff.



KyANG photos by Capt. Dale Greer



Aerial porters test new transportation ideas

System would end use of cargo pallets

By Maj. Chris Allen
U.S. Transportation Command

MCGUIRE AIR FORCE BASE, N.J. — Airmen from the 305th Aerial Port Squadron here recently played a major role in helping U.S. Transportation Command officials assess joint modular intermodal distribution, or JMIDS, concepts.

Through JMIDS, officials are seeking greater efficiency in delivering cargo to the warfighter while reducing the risks Soldiers face on the road during conflict.

USTRANSCOM is the operational manager for the congressionally approved \$36 million Department of Defense JMIDS joint capabilities technology demonstration.

The 305th APS Airmen helped demonstrate successfully that a modular intermodal platform with cargo can be loaded onto an aircraft at a built-up air base, then flown to an austere airstrip and unloaded by a prototype tactical truck.

This means cargo can go directly to the point of employment without the need for onsite material-handling equipment. Intermodal means cargo can be shipped by air, land or sea.

The use of the intermodal platforms also eliminates the need for cargo pallets.

Master Sgt. Dan Borchelt, 305th APS, directed the preparation and loading of eight cargo containers onto a joint modular intermodal platform for transport on a KC-130 from the Marine Aerial Refueler Transport Squadron 452 in Newburgh, N.Y.



Cargo loaded by Airmen from the 305th Aerial Port Squadron at McGuire Air Force Base, N.J., is removed from a transport aircraft July 30 at an austere airstrip at Fort Irwin, Calif., as part of a joint capabilities technology demonstration by U.S. Transportation Command officials to find greater efficiencies in delivering cargo to the warfighter while reducing the risk servicemembers face on the road during conflict. The demonstration tested joint modular intermodal distribution concepts that would lead to those greater efficiencies.

Reserve wing will be first to host Guard 'associate'

By Lt. Col. Rich Curry
507th Air Refueling Wing

TINKER AIR FORCE BASE, Okla. — The Air Force Reserve Command's 507th Air Refueling Wing begins a new partnership this month when members of the Oklahoma Air National Guard team up for the drill weekend.

With this action, the 507th ARW will become the first AFRC wing to have an Air

The KC-130 flew more than seven hours across the country to deliver the load to the U.S. Army National Training Center in Fort Irwin, Calif.

Upon landing, Soldiers at the training center loaded the components from the aircraft onto the prototype tactical vehicle, then delivered the supplies directly to where

they were needed.

The Soldiers working with the JMIDS components said the system improved efficiency and expanded capability by reducing the use of platforms and trucks.

That means fewer soldiers on the road exposed to extreme risk in the battle space, officials said.

National Guard wing associated with it.

Approximately eight Oklahoma Air National Guard aircrew members are part of an initial cadre working side-by-side with their Reserve hosts to stand up associate operations.

As a result of the 2005 Base Realignment and Closure process, the 137th Airlift Wing at Will Rogers World Airport was identified to lose their C-130 Hercules aircraft and convert to a KC-135 Stratotanker associate

unit with the 507th ARW.

Under this associate organization, the 507th ARW is the host wing with all 12 aircraft owned by AFRC.

The Oklahoma Air National Guard will maintain separate administrative and operational control, but be associated with the 507th ARW, working together to fly and maintain all aircraft. For deployable tasking, both the 507th ARW and 137th AW will function with six primary aircraft assigned.

Annual training to be shortened to 90 minutes

WASHINGTON — After examining how much time Airmen spend on annual ancillary training, Air Force leaders have decided that time should be allocated more efficiently.

In effect as of Oct. 1, ancillary training requirements will be reduced to 90 minutes, as opposed to almost nine hours per Airman spread throughout the year.

“An Airman’s time is valuable, one of the most precious commodities we have,” said Air Force Chief of Staff Gen. T. Michael Moseley. “I want a lot of our ancillary training to be combined so Airmen can spend more time concentrating on their jobs.”

The goal is to cut the time spent on ancillary training to the “minimum level necessary,” General Moseley says in his latest “Chief’s Scope.”

The initiative is part of Air Force Smart Operations for the 21st Century, an Air Force-wide program where organizations reexamine their own procedures and processes to find ways to save time and money.

Under the new 90-minute “block instruction” plan, Airmen will save almost an entire workday, or about 8.65 hours per person, according to Lt. Gen. Roger Brady, deputy chief of staff of Air Force manpower, personnel and services.

“I will not let ancillary training overshadow our combat focus,” General Moseley said. “These concrete steps will tip the scales to give Airmen more time to focus on their primary mission.

“Our approach is aggressive and will force everyone to justify how the benefits of their proposed training outweigh the burden on our Airmen.”

New coat ready for tests

Revised look a tribute to heritage of USAF

By Staff Sgt. J.G. Buzanowski
Air Force Public Affairs

WASHINGTON — Air Force officials are now set to begin fit and wear tests of the new service coat to better establish a dress uniform that fits the “warrior ethos” Airmen have today.

It’s important for the uniform to represent the roles and accomplishments of Airmen, said Brig. Gen. Floyd L. Carpenter, the Airmen Development and Sustainment director.

“We talked extensively to Airmen, both in the field and through the Air Force Uniform Board process, and this is something they’ve repeatedly asked for,” General Carpenter said. “We want a service dress that clearly represents our pride as Airmen and history as a service, and we want to make sure we get it right. That’s one of the reasons we’re referring to the proposal as the ‘Heritage Coat.’”

Air Education and Training Command officials are spearheading the tests, which begin this fall.

About 1,000 Airmen will be selected for the initial fit test to find candidates with a variety of body types. Once those Airmen are identified, about 400 of them will actually participate in the 90-day wear test in the spring of 2008.

The test locations are Maxwell Air Force Base, Ala., and its Gunter Annex; Lackland and Randolph Air Force Bases in Texas, and the U.S. Air Force Academy in Colorado. In addition, the Air Force Honor Guard will put the coat through its paces.

The new service coat has gone through several prototypes and Air Force leaders settled on a design similar to the uniform worn by Gen. Hap Arnold.

“We tried several design variations with different lapel styles and sizes, with and without buttons, belted and unbelted, as well as versions with a wide variety of pocket configurations,” General Carpenter said. “The prototype coat being

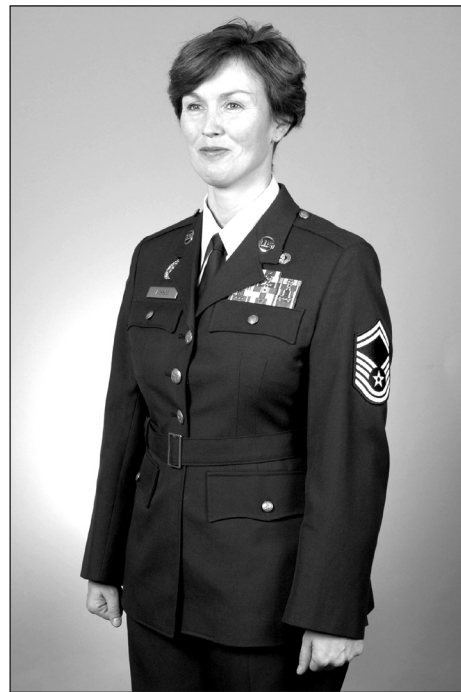
tested pulls the strongest mix of detail preferences into one coat and combines them with the latest in textile assembly industry.”

Once feedback has been received from the Heritage Coat wear test, the Air Force Uniform Board will make final decisions on the new coat’s details and, with approval from Air Force Chief of Staff Gen. T. Michael Moseley, send it into production.

Another, higher-quality fabric Heritage Coat option will be available to Airmen who wish to wear a more professionally tailored uniform.

This commercial, custom-tailored coat is being put together through a contract with Brooks Brothers, similar to a contract the Navy has with the company.

The higher quality fabric Heritage Coat will initially be available to general officers, command chiefs and select other individuals. This coat will be available to every Airman a few months after that. The retail price for this coat has yet to be determined.



Tech. Sgt. Cohen Young/USAF

The proposed design for a new Air Force Service Coat is based on one worn by Gen. Hap Arnold.

Top Troop

Master Sgt. Annette Marshall-Robinson has been selected as the Kentucky Air National Guard's 2007 Outstanding First Sergeant of the Year.

Sergeant Marshall-Robinson is first shirt for the 123rd Mission Support Group, where she sets a professional tone "in both appearance and example," said group commander Col. William Ketterer. She has, for instance, been a superb manager of the group's Family Care Plan and Government Travel Card Program, he said.

Sergeant Marshall-Robinson also volunteered to reorganize the base Right Start Program, streamlining a six-day orientation program into a two-day effort that successfully acclimates new troops to military life.



Tech. Sgt. Dennis Flora/KyANG

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