



THE CARGO COURIER

Standiford Field, Louisville, Kentucky

123d TAW Kentucky Air National Guard

Vol. 6, No. 2, Feb. 3, 1990



FREEDOM HAS ALWAYS BEEN AN
EXPENSIVE THING.

Martin Luther King, Jr.

February: Black History Month

Commander's Column

Wing goals and objectives

People

- Ensure individual achievement is recognized through promotion and military awards.
- Increase enrollment in the Montgomery GI Bill and state tuition assistance programs.
- Achieve exemplary appearance and military bearing which will serve as a model within the ANG and MAC.
- Provide leadership based on honesty, discipline and a sense of fair play.
- Retain capable and productive members and prepare them to be tomorrow's leaders.
- Improve communication and information flow to all members.
- Improve our physical and spiritual well being.

Mission

- Attain C-1 readiness for all units not limited by conversion constraints.
- Achieve at least **EXCELLENT** ratings on all higher headquarters inspections.
- Train with realism, dynamics, and a winning team spirit.
- Establish unit combat operation work centers which provide effective command and control and continuity of effort.
- Actively support airlift requirements of the Ky Army National Guard and National Guard Bureau, within allocated resources.
- Accomplish all mission requirements with dis-

played know-how, determination and professionalism.

Management

- Streamline Base Regulations so to be simple, clear and relevant.
- Ensure funding requirements meet mission requirements.
- Manage our resources and assets in a prudent and business like manner.
- Improve office and administrative work functions to increase productivity and service to unit members.
- Complete important jobs first and manage with action -- not reaction.
- Maintain an aggressive self-inspection program.

Safety

- Conduct flight operations which remain free from major mishap and personal injury.
- Perform all tasks with prudent care and proper supervision, utilizing the proper procedures, tools and protective equipment.
- Reduce lost time accidents and ground mishaps by 50 percent.
- Use seat belts on and off the job.

Facilities

- Maintain clean, attractive and orderly facilities and equipment.
- Ensure that the planning process for new base facilities is accomplished with indepth analysis and attention to detail.

Col. Joseph L. Kottak
Wing Commander

THE CARGO COURIER

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Deadline for submission of articles for THE CARGO COURIER is the Friday after each UTA for publication the following UTA. Articles should be given to TSgt. Jenny Montgomery, Rm 123 of the O&T Bldg.

Kottak assumes command of wing

Col. Joseph L. Kottak assumes command of the 123d Tactical Airlift Wing in a change of command ceremony today.

In this position he is responsible for the overall combat readiness of the Wing and the command, control and management of assigned forces in the accomplishment of operational, administrative and logistical responsibilities.

Colonel Kottak was born July 31, 1941 in Louisville, Kentucky. He graduated from Saint Xavier High School (Louisville) in 1959. In 1963, he was awarded his bachelor of science degree in business administration from the University of Louisville. His professional military education includes: Squadron Officers School 1972; Air Command and Staff College 1975; Industrial College of the Armed Forces 1975; and the Reserve Component National Security Course 1988.

Colonel Kottak was a distinguished military graduate of the University of Louisville, Air Force Reserve Officers Training Corps and was commissioned a second lieutenant, as a regular officer in the U.S. Air Force. He attended Undergraduate Pilot Training at Reese AFB, Texas and was awarded his pilot wings in December 1964. He was then assigned to the 1375th Mapping and Charting Squadron, Turner AFB, Georgia. In November 1966, he began a one year combat tour in the Republic of Vietnam, with the 135th Aviation Company (U.S. Army) and the 458th Tactical Airlift Squadron. Upon return to the states, Colonel Kottak was assigned to the 45th Military Airlift Squadron, McGuire AFB, New Jersey. In 1968, he transferred to the 36th Tactical Airlift Squadron, Langley AFB, VA.

In February 1969, Col Kottak separated from the active Air Force and returned to the civilian sector. He was employed by the Louisville and Jefferson County Airport Authority, where he served as Director of Personnel and Administration, Director of Comprehensive Land Development and Airport Manager Bowman Field, (Ky.). In July 1969, Colonel Kottak joined the Kentucky Air National Guard and in 1972 became a full-time air technician flying training instructor.

His other assignments include: wing vice commander; deputy commander for operations; chief of safety; commander, 165th Tactical Reconnaissance Squadron; squadron operations officer; chief of standardization-evaluation; chief operations plans; chief of the command post; chief weapons and tactics and air technician resource manager. Colonel Kottak is a command pilot with over 6,000 hours



Col. Joseph L. Kottak

of flying time, having qualified in the RF-4C, RF-101, F-101F, C-130B, C130E, RC-130A, C-7, C-12, C-131, T-33, T-37 and T-38 aircraft.

Included, among his military decorations and awards are the Distinguished Flying Cross, Air Force Meritorious Service Medal with one oak leaf cluster, Air Medal with three oak leaf clusters, Air Force Commendation Medal, Vietnam Service Medal, Republic of Vietnam Gallantry Cross with Palm and the Republic of Vietnam Campaign Medal.

Colonel Kottak is a past president of the National Guard Association of Kentucky and has served in other affiliations with the National Guard Association of the United States, the Air Force Association, and Louisville Armed Forces Committee.

Colonel Kottak resides in Louisville and is married to the former Peggy L. Phillips and has three sons, Timothy, Stephen and Christopher.

Feature

Smith leaves KyANG

Wing Commander takes position with CINC USAFE

By TSgt. Jenny Montgomery
Editor

After more than 20 years with the KyANG, Brig. Gen. John L. Smith has decided to take on a new challenge. The 123d Tactical Airlift Wing commander for seven years, General Smith has accepted a position as the Special Assistant to the Commander in Chief, U.S. Air Forces in Europe.

Since he first joined the Guard in 1967, General Smith has seen numerous changes in the unit. The most dramatic of these was the unit's recent conversion from the RF-4C reconnaissance mission to the C-130 tactical airlift mission. General Smith joined the KyANG after serving five years with the active Air Force, including a tour in Southeast Asia.

"Seems like just yesterday, I was walking around the hangar saying how great it was to be a Captain here," said General Smith. "It was more fun in the old days."

Reminiscing about his experiences with the KyANG, a period that stands out in General Smith's mind is the Pueblo Crisis in 1968. "When we were recalled it was a great period," he said. "I have fond memories of the operating conditions in Panama, Alaska and Japan." Another highlight of his career here, he added, was being named wing commander.

"The summer camps, especially in the early years were great," he said. "Looking back at the Guard, I see three periods."

First of these, he said, was prior to the Total Force Concept which came about in the early 1970s. "Then there was the transition period from the Old Guard to the concept of being part of the Total Force," he said. Now the Guard is

looked upon as part of the Air Force.

Before Total Force, "we established our own pace, our own training scenarios," said General Smith. "In Total Force it is much more regimented and controlled."

"Before, when you wanted to fly, you put your name on the board. If you wanted to fly six times in a week you could," he said.

"The people in the Guard in the early years did a great job. The equipment was old but they kept it going. It was very rare when a crew member ever experienced a maintenance cancel. Equipment today is more sophisticated and more difficult to maintain."

With the increased budget cuts, General Smith sees new missions for the Reserve Forces. "I see the Reserve Forces taking a more active role in Total Force as active duty forces are cut back. The peace movement in Europe will have a large and dramatic effect on the Guard, making it even more closely associated with the active forces and the mission in the NATO environment," he said.

In his new position, General Smith will deal first hand with the issues affecting the ANG in conjunction with its role in the European theatre working directly for the Director of the Air National Guard as a liaison to the CINC USAFE. "This is an opportunity to work directly on the formulation of the



Brig. Gen. John L. Smith

Guard's changing role," he said. This position becomes effective April 1.

Until then, General Smith will no longer be the military wing commander, but he will continue in his civilian position as the commander, Air Technician Detachment until confirmation of his promotion to major general.

"I want each of you to give Colonel Kottak the support you've given me," said General Smith. "In light of all that's happening with the conversion, relocating, requirements to be combat ready and the ORI, it's going to take a monumental effort for everyone."

"Change is good for any organization, but this is a great amount of change in a short period of time. It's a challenge for everyone," he added. "I really don't see things stabilizing until the mid 90s."

"Enjoy it, times flies when you're having fun."

**In 1893,
Dr. Daniel Hale Williams
performed the first
successful open-heart
surgery.**

**On a crowded
Chicago street.**

On July 9, 1893, James Cornish was stabbed in a Chicago street fight.

Dr. Williams then did the unthinkable. He sliced open the man's chest and successfully stitched up his heart.



With that, he ushered in a new age of medical science.

Today, Black Americans continue to lead in the Air National Guard.

They're learning valuable career skills. They're earning up to \$27,000 for college. And, in return, they serve just two days a month and 15 days a year.

Find out more. Call your local Air Guard recruiter.

Air National Guard 
Americans At Their Best.

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First Black woman named general

KEESLER AFB, MISS. (AFNS) -- Marcelite Harris wanted to be a star when she graduated from college 24 years ago with a degree in speech and drama.

Instead, following completion of Air Force Officers Training School, she embarked on a military career that would blossom into an impressive string of firsts.

The Air Force's first: woman aircraft maintenance officer; the first of two women to become "air officers commanding" at the Air Force Academy; woman maintenance squadron commander in Strategic Air Command; woman director of maintenance; woman deputy commander for maintenance; and woman technical training wing commander in Air Training Command.

On Jan. 8, Colonel Harris was notified of another first. The commander of the 3300th Technical Training Wing is the first Black woman to be selected for promotion to brigadier general. But that's of no significance to her.

"It doesn't make a difference if I'm first," she said. "I believe people should be allowed to do what they're capable of doing. Success is possible if you believe in yourself and what you're doing."

Colonel Harris, who turned 47 this month, doesn't expect to pin her star on for at least a year or more, but as for now, she's suspended on an emotional high.

"I'm happy. It's a very thrilling time right now," she said. "I'm sure it means a lot of big and heady and important things, but right now, it's just giddy stuff for me." (Courtesy of Sgt. Roger Burdette, staff writer for the Keesler News)

Douglass: Black abolitionist

Submitted by TSgt. Bill Rice

Social Actions

FREDERICK DOUGLASS (1817-1895) was an outstanding Black abolitionist.

His early life was as a slave, and was filled with beatings, hunger, and other ongoings that drained those human beings of their humanity. Douglass managed to learn how to read and write by asking young white schoolboys for help and by constant furtive practice.

He scraped together enough money to buy a schoolbook which contained speeches and articles about freedom and later became a full-time anti-slavery lecturer because of his great oratorical ability.

Because of being in great danger from exposing who his master had been, Douglass fled to England where he lived until his friends purchased his freedom. Upon his return to established his own newspaper, The North Star, which he published for 17 years.

On his list of accomplishments: Douglass headed a successful campaign to desegregate the Rochester public schools; he was the only man who took an active part in the proceedings when the Women's Rights Movement was inaugurated in 1848; he insisted on the right of women to participate equally with men in the abolitionist movement; he held the positions of Assistant Secretary of the Santa Domingo Commission, Recorder of Deeds for the District of Columbia, and Minister and Consul General to Haiti.

Douglass died in 1895, having lived to see the beginning of the fulfillment of his dreams for his people.

Health Promotion Committee Base program promotes physical, mental fitness

By Dr. (Capt) Dave Granstrom
Health Promotion Coordinator

The 123d Tactical Airlift Wing has recently formed a base-wide Health Promotion Committee. Each squadron is represented by a member selected by the squadron commander.

The responsibility of the HPC is to coordinate existing health promotion activities and develop new programs to encourage Guard members, retirees, and their dependents to maintain a healthy lifestyle. We will be promoting activities which influence everyone to manage their own health wisely. We all achieve our peak performance when we are fit, both physically and mentally.

Our ultimate goal is summarized by the phrase "Readiness through Wellness." The recent events in Panama remind us that our military readiness is serious business. We may only train once a month, but at a moment's notice, your life and the lives of those around you may depend on your ability to get the job done.

An effective health promotion program plays a vital role in the total readiness effort and has been mandated throughout the Department of Defense. As always, the Kentucky Air National Guard wants to set the standard, not just get by. This was demonstrated at our first HPC meeting.

Strong support for a recreational center for the new base was expressed. We are currently exploring how this

might be accomplished. It will require a great deal of self-help and base-wide cooperation for recreational facilities. The needs assessment survey that was conducted recently will help determine the actual need and the level of support for such a center.

If you would actively support the development and maintenance of a base recreational facility, please contact your squadron HPC representative listed below. We also welcome any activity suggestions you believe would improve the health promotion program.

A WINNING COMBINATION:

EXERCISE

Plus

A PROPER DIET!



Unit Representatives:

123d TacHosp: TSgt. Johnie Cherry
123d TAW: TSgt. Dianna Nelson
165th WeaFlt: SSgt. Daniel Murphy
123d CAM: Capt. Karen Hess
123d RMS: MSgt. James Kessler
123d MAPS: SrA Cathy Mudd
123d MSS: Capt. Rene Duncan
123d SvsFlt: SSgt. Timothy Foster
123d MSFlt: SSgt. Joseph Blincoe
123d CES: AIC Joseph Hagan
123d SPFlt: SSgt. William Smith Jr.
165th TAS: 1stLt Connie Allen
223 CFT: MSgt. Joseph Goodin
HqKyANG: SMSgt. Todd Beasley
Base Fitness Monitor: TSgt. Ken Coogle

Public Affairs: TSgt. Jeff Sansbury

Retirees: Ken Franklin

Snack Bar: Demi Price

Recognizing drug abuse symptoms in teens

(The following is a summary of an article by Philip Goldberg, which appeared in *Woman's Day*, Feb. 10, 1987. Mr. Goldberg is an author, lecturer and screenwriter of the feature film "Shattered - If Your Kid's on Drugs.")

With help, parents can learn to distinguish the differences between normal adolescent behavior and alcohol - and/or drug related behavior. There are definite physical and behavioral symptoms exhibited by teenagers in trouble with mind-altering chemicals. When several of the following symptoms are present, parents need to take a closer look at their child's life.

-- Repeated, unexplained depression and lethargy; or periods of euphoria and hyperactivity.

-- Hypersensitivity or hostility, particularly in response to mild requests, criticism, or questions on whereabouts.

-- Loss of motivation and unwillingness to take responsibility at home; poor performance, absenteeism and apathy at school.

-- New friends, especially those who are never introduced.

-- Disoriented or slow thought processes, short attention span, forgetfulness.

-- Bizarre eating patterns -- binging during the day or night, or lack of appetite and weight loss.

-- Blood shot eyes, droopy lids, imprecise eye movements.

-- Persistent illness (particularly coughing and sniffing), frequent nosebleeds.

-- Erratic sleep-wake patterns (insomnia, daytime napping).

-- Decline in personal grooming and change in clothing style.

It is extremely painful for parents to admit that their teenager is addicted to drugs and alcohol. Parental pride and love may blind parents to the truth about their child's drug and alcohol abuse. Yet, the "not my child" syndrome must be broken for parents to be able to help their child.

Teenage chemical dependency is a serious disease that can have significant physical and emotional consequences if untreated. If parents suspect their child is harmfully involved with alcohol and drugs, a professional counselor can help them find the best help for their child and begin to understand the family dynamics involved in teenage substance abuse.

The national Care Unit treatment system operates a toll-free hotline, (800) 556-CARE, for concerned parents and others who have questions about teenage drug and alcohol abuse.

-- Submitted by TSgt. William E. Rice
Social Actions NCO

Honor Graduates

MSgt. Michael T. Moore, 123d TAW, was a recent honor graduate from the Apprentice Combat Control Operator Course.

TSgt. Frank W. Green, 123d TAW, was a recent honor graduate from the Joint Airdrop Inspection School.

Super Achiever Award

SrA Kenneth E. Rafferty, 123d SvsFlt, received a Super Achiever Award from the Services Specialist/Diet Therapist Fundamentals Course.

ANG Bowling Tournament

The 28th Air National Guard Bowling Tournament will be held May 10 - 13. It will be hosted by the 147th FIG, Houston, Texas.

Anyone interested in attending should contact Mike Mitro, ext. 455, or John Hourigan, ext. 466.

More aircrew positions open to women

WASHINGTON (AFNS) -- Thousands of assignment opportunities have opened for women with the removal of an Air Force ruling that restricted women from C-130 aircraft and C-141 airdrop missions.

Secretary of the Air Force Donald B. Rice ordered the change Dec. 14. The change applies to pilot, navigator, flight engineer, loadmaster and flying crew chief positions.

While developing plans for fielding the C-17, Military Airlift Command officials reviewed aircrew assignment policies, taking into recent changes to the combat exclusion policy for women in the Air Force. They concluded that women should be as-

signed not only to the C-17, but also C-130 aircraft and C-141 airdrop missions.

MAC officials also reviewed the January 1988 Department of Defense Report, "Task Force on Women in the Military," that recommends all services incorporate the DoD "Risk Rule."

The risk rule permits closing of noncombatant positions or units to women if their risks of exposure to combat are equal to or greater than the combat units they are associated with in the theater of operations.

The reviewers concluded that C-17 and C-141 airdrop and C-130 missions do not fall under the risk rule.

The new assignment opportunities for women will open 605 C-141 positions and 1,355 C-130 positions in MAC alone. The Air Force Reserve and Air National Guard are also opening up positions, but the figures were not available at press time. The number of C-17 positions will be decided as the aircraft becomes operational.

Women are still not permitted on special operations low-level missions and AC/HC-130 aircraft.

Local affect

The risk rule will open up C-130 aircrew positions for women in the KyANG, according to Col. John V. Greene, deputy commander of operations.

Uniform wear update

The following is an update on uniform wear according to Air Force Regulation 35-10.

☑ The U.S. insignia on the women's service dress coat must be worn approximately halfway up the seam resting on but not over it. Bottom of the U.S. is horizontal with the ground.

☑ According to the base supplement, if the undershirt shows when wearing a fatigue/BDU uniform, it must be green or brown.

☑ A plain, commercial design, solid black or dark blue umbrella may be carried when wearing any uniform.

☑ Women may wear commercial, sheer, nylon hose in neutral, dark brown, black or off-black, or dark blue shades that complement the uniform and individual's skin tone.

☑ The Air Reserve Forces Meritorious Service Medal is now given more importance and is worn after the Air Force Good Conduct Ribbon.

(It is placed after the Coast Guard Good Conduct Medal on the precedence chart in the regulation.)

☑ According to the index of Air Force publications, the Military Airlift Command supplement to AFR 35-10 is not applicable to the Air National Guard.

The following items have been phased out or will be:

-- Men's lightweight blue shirt without epaulets: June 1, 1989

-- Men's overcoat, shade 1549: Jan. 1, 1990

-- Women's beret: to be announced

-- Women's longer length overblouse: June 1, 1989

-- Green T-shirts: to be announced

Questions concerning wear of the military uniform can be referred to CBPO Customer Service in the O&T Bldg, ext. 485 or 486.

PROMOTIONS

To MSgt:

Frank W. Green, 123d TAW
Michael O. Harp, 165th TAS
John W. McKnight Sr., 123d MSF
Karen M. Renn, 123d TAW

To TSgt:

Lawrence R. Isham, 165th TAS

To SSgt:

Bradley J. Garcia, 123d RMS
Wayne S. Reeser, 123d MAPS
John C. Siebert, 165th TAS

To Sgt:

Joseph L. Burns II, 123d RMS
Terry G. Ingram, 123d MAPS

To SrA:

Christopher S. Grigsby, 123d MSS

To AIC:

William E. Estes, 123d MSFlt