



# THE CARGO COURIER

Standiford Field, Louisville, Kentucky

123d TAW Kentucky Air National Guard

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### Feast from year's past

Children as well as adults converge on the KyANG for the traditional Bean Soup Feast.

## Bean Soup Feast

It's that time of year again folks. Just as the city of Louisville plans for months to host the Kentucky Derby, we in the KyANG are planning for our traditional Bean Soup Feast and Open House.

This is an important day for the KyANG, because not only do we open our doors for the public to see us, but we raise thousands of dollars for local children's organizations such as the Louisville Deaf Oral School, Kentucky Easter Seal Society, Boy Scouts of America and Trooper Island.

This year's Bean Soup Feast and Open House will be held April 20 from 11 a.m. to 7 p.m. I know many of you are already working hard to ensure that as usual the day will be a complete success.

I urge everyone to get involved -- either by working the event or just coming out and enjoying the great food and company. Be sure to spread the word to family, friends and co-workers.

We will serve the traditional bean soup, corn bread, salad, dessert and drinks. The cost is \$3.00 for adults and \$1.50 for children under 12. Tickets are available through the unit orderly rooms.



**Brig. Gen. John L. Smith**  
Wing Commander

## THE CARGO COURIER

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Brig. Gen. John L. Smith	Commander
Maj. Jeff Butcher	PAO
Maj. Toby Harrell	Asst PAO
TSgt. Jenny Montgomery	Editor
SSgt. Jeff Sansbury	Staff Writer
SSgt. Sandra Merriweather	Admin Support

Deadline for submission of articles for The Phantom's Eye is the Friday after each UTA for publication the following UTA. Articles should be given to TSgt. Jenny Montgomery, Rm 123 of the O&T Bldg.

### Where the Bean Soup funds go

Boy Scouts of America	\$500
Easter Seal Society	\$500
Fern Creek High School	
Marine Corps JROTC (Drill	
Meet Best Insp Trophy)	\$100
Kosair Children's Hospital	\$500
Ky Sheriffs Boys & Girls Ranch	\$ 50
KyANG Composite Sqdn,	
Civil Air Patrol	\$100
Louisville Deaf Oral School	\$1000
Old Ky Home Council, USA	
(Sponsor Eagle Scouts)	\$100
Ronald McDonald House	\$500
St. Jude Research Hospital	\$200
Trooper's Island	\$500
WHAS-TV Crusade for Children	\$1000

# Safety Award

## Major Moremen recognized for work

A member of the KyANG was selected as the Air National Guard recipient of the 1988 Chief of Staff Individual Safety Award.

Maj. David B. Moremen, 123d TAW, was recognized for his "outstanding contributions toward this vital mission in the Air National Guard." The announcement of the award was made by Brig. Gen. Philip G. Killey, director ANG. "Please extend my personal congratulations to Major Moremen for his leadership and dedication to the Safety mission," wrote General Killey.

In his nomination package, Major Moremen was commended for his involvement with the unit, which "far exceeds the norm, and because of that involvement, every facet of his safety



**Maj. David Moremen**

program exceeded Air Force regulations and Air Force Occupational Safety and Health standards. He went beyond regular inspections, making spot checks to help raise the level of awareness. This resulted in consistent decreases in injuries and lost time."

Brig. Gen. Michael W. Davidson, the adjutant general of Kentucky, praised Major Moremen for "his diligent work efforts in this all important area of safety." The general stated in a letter that "I am confident his momentum of excellence will continue in the forthcoming Air Force competition."

"I join Generals Killey and Davidson in extending my sincerest congratulations...", stated Brig. Gen. John L. Smith, 123d TAW commander in his endorsement. "Your contributions to the 123d TRW and the KyANG as a whole have been far-reaching and often unnoticed. I am pleased you have been selected for such a prestigious award -- you deserve it."

## 1st 'In-house' drop 123d MAPS goes to work

By Maj. Toby Harrell  
Public Affairs Office

The 123d Tactical Airlift Wing celebrated a milestone Sunday, Feb. 5 when one of the unit's C-130's dropped a parachute training bundle into the waiting arms of personnel from the 123d Mobile Aerial Ports Squadron. This was the first "in house" drop and recovery for the Wing since the conversion to the C-130.

Sunday's mission provided initial training to aircrew members from the 165th Tactical Airlift Squadron as Drop Control Zone Officers and to troops of the 123d MAPS as drop zone recovery personnel.

At first glance, air drops look simple -- just fly over the drop zone and push the parachute-rigged bag out the door. However, without proper inputs from the ground, and proper operation of the parachute, even the most experienced aircrew would be lucky to come any-

where close to putting the bundle where it is needed.

The aircrew needs to know the velocity and direction of the wind between the drop altitude and the surface so corrections to the aircraft's course can be made. And just as important, the crew needs to be confident the load's parachute will open reliably and properly.

### Initial duties

On training missions, the DZCO is one of the first people on the scene. It is his initial duty to check on the DZ and make sure the conditions there (weather, surface and ground equipment) are sufficient for a safe drop to be made. On training missions, the DZCO will set up points of impact markers, which are brightly colored panels, in the form of 35 foot square letters of the alphabet. The DZCO will also set up smoke markers adjacent to and downwind from the target letter. The DZCO will then determine the wind direction and velocity between the ground and the drop altitude -- the Mean Effective Wind. He

does this by launching a 57-inch diameter helium balloon. By using a compass/transit-like device, he can track the balloon for a specific amount of time. Using the measurements he obtains by tracking the balloon, the DZCO is able to determine the Mean Effective Wind and pass this information to the aircrew.

### Simulated bundles

Prior to the flight though, the actual bundles are prepared by members of the 123d MAPS. These Simulated Airlift Training Bundles -- SATB's -- are 15-pound bags of sand that are let down under a 68-inch diameter parachute. The drop ballistics of the SATB's are similar to actual heavy loads and alloy safe, and provide realistic air drop training. Besides preparing the bundles, the 123d MAPS personnel recover the bundles and measure the distance from the point-of-impact to the actual target. This information is passed to the aircrew so appropriate corrections can be made on the next pass.

**Cont. on Page 6**

## National Guard assists flood victims

By Sgt. Rick Baker  
133d Public Affairs Detachment

When disaster strikes in Kentucky, the National Guard is among the first units called on for help. That was the case during the recent flooding caused when as much as 10 inches of rain was dumped on parts of the state.

As in past disasters, the Guard again came to the rescue on more than one occasion.

On Feb. 15, emergency workers Sgt. Kenny Moore of Frankfort and Spec. Carlene Howell of Shelbyville ventured into the flood waters across Frankfort's Steele Street to see if any residents needed help. As they began to quickly back their 2 1/2-ton truck from the water, Specialist Howell heard a cry for help.

"This little boy called out from a car that was just sitting in the water," she recalled. "Apparently, the woman saw some friends on the other side of the flooded street and thought her car could make it across, but it died out about halfway there."

Sergeant Moore and Specialist Howell waded over to the car, but the doors wouldn't open because of pressure from the rising water. The woman and her son crawled out through a window.

"The water was rising fast and you could feel the car move from the force of the current," said Specialist Howell. "If the little boy had tried to wade out, it would have carried him off."

The two members of the 475th M.A.S.H., carried mother and son to the truck, then drove them to the emergency operations center at the Frankfort City Hall. A tow truck went back and pulled the woman's car from the water.

The next day, Specialist Howell and Sergeant Moore answered a call in the Holmes Street area of Frankfort when she noticed a nearby house which had smoke billowing from it. The woman standing on the porch said flood waters had shorted out the furnace, setting the



KyARNG Photo

### Kentucky Army National Guard members help Frankfort residents out of their flooded homes.

house ablaze.

Specialist Howell tried to get the woman to leave, but she kept running back in the house. The owner finally explained she had three dogs and three bird cages in the house she wanted to take with her, so Specialist Howell searched the house and rescued the woman's pets.

"It was so smoky in the house you could barely see, but she told me where all the animals were so I found them pretty easily," Specialist Howell said. "The fire department came and put out the furnace fire before it burnt the house down."

That evening, Sgt. Jeff Oliver and Sgt. John Spicer of E Company, 135th Aviation Brigade, were evacuating a family from a mobile home near Elkhorn Creek when a campground owner warned them a 6-foot dam was about to break. A family caught in the campground was trying to cross the creek in a small pickup, but the waters were already hitting the 6-foot mark on Sergeant Oliver's five-ton truck.

Sergeant Oliver talked the people into riding with the Guardsmen and the family that had just been evacuated, so the truck emerged from the creek with a houseful of furniture and 14 people on board.

The National Guard members who worked during the flood dedicated themselves to whatever mission they were assigned, said Lt. Col. Elmo C. Head, operations officer and coordinator of Guard efforts during the disaster.

"More than 200 Guard members daily helped evacuate flood victims, move belongings, build flood breaks and provide security for several communities across the states," reported Lieutenant Colonel Head. "Even though they were scheduled for 12-hour shifts, many worked 18-20 hours at a time to ensure resident's were safely out of the flood waters."

Guard members provided a water trailer for the Anderson county community of Tyrone, pumped water from hundreds of basements, then pitched in with the cleanup once the waters receded.

"When disaster strikes, our mission is to help the people of Kentucky," Lieutenant Colonel Head explained, "when-ever and wherever we're needed."

## Louisvillian named to Employer Support Committee

By SSgt. Jeff Sansbury  
Public Affairs Office

A Louisville resident was recently named as state chairman of the Employer Support of the Guard and Reserve Committee.

Edward F. Hessell Jr., an Army veteran and president of the local Better Business Bureau, is one of seven new state chairmen appointed last fall by the ESGR's national headquarters.

Mr. Hessell leads the Kentucky committee to maintain the ever-important relations between civilian employers and members of the National Guard and Reserve.

"The ESGR has a simple goal: to allow guardsmen and reservists to excel in their civilian careers while contributing to our national defense," explained Mr. Hessell, a 32-year veteran who retired in the Reserves.

"The committee works on both sides of the fence. We're just as concerned for the employers as we are for the reservists."

Mr. Hessell replaces S. Rayburn Watkins after a three-year term.

The 20-member committee has woven a network across Kentucky, and includes an attorney who serves as ombudsman for the state. If needed, the ombudsman or his national counterpart will contact an employer to smooth out a conflict or interpret the federal laws which map out

the entitlements for reserve citizen soldiers.

"We don't want to see anyone hold back their career because of a military commitment," said Mr. Hessell during a telephone interview from his home Feb. 5.

"It's certainly realistic to become a leader in both capacities," he added. "That's our goal."

Each year the ESGR promotes a national "boss lift" program which provides orientation flights for employers of guardsmen and reservists. A typical boss lift allows employers to fly aboard a C-130 transport or KC-135 refueling aircraft to witness a mission or to visit their employees during a bivouac or field assignment. It allows the employer to see first-hand what their men and women do for their "other job" in the Guard and Reserve. Additionally, annual ceremonies are held to recognize those employers who go out of their way to support the citizen soldiers.

The National Committee of the ESGR operates under the guidance of the Department of Defense. State adjutant generals, Reserve division commanders and brigade level officers are key elements in the success of the program. The state committees, which are established in 55 states, districts and territories, share that common goal.



Courtesy Photo

**Edward F Hessell Jr.**  
Chairman, ESGR Committee

Mr. Hessell began his long and distinguished military career in 1952, enlisting as a private and becoming an infantry officer in the Korean War. He retired as a colonel in the mid-1980s with the Army Reserve's 100th "Century" Division in Louisville.

He has played several key roles during his five-year commitment to the ESGR and welcomes any volunteer who wishes to become a state committee member. Those men and women interested may contact Mr. Hessell at 583-1492.

## Estate planning

More than just a Last Will and Testament

By Maj. Gary Napier  
Chief, Legal Office

An estate plan is a predetermined plan of what occurs to your person, your property and your family in the event of your death. It is more than just a Last Will and Testament. A Will is a part of the estate plan.

Your estate includes your probate estate and your non-probate estate. The main reason is to avoid taxation and the hassles of probate. The non-probate es-

tate typically includes life insurance proceeds, land which is owned jointly, and in some cases automobiles and bank accounts.

Generally, land (automobiles and bank accounts) should be owned jointly with your spouse/family in order that it will pass automatically at your death. This avoids probate.

Typically, life insurance proceeds which are typically the largest estate asset, are not made payable to your "estate" because they are then subject to taxation in the probate procedures. Typically, life insurance contracts name a beneficiary and the proceeds are paid directly to that

beneficiary. Typically, the estate plan includes provisions for the life insurance carrier to pay home mortgages, business obligations and other indebtedness.

The probate estate generally should include as little as possible and typically includes personal property such as collections, furniture, antiques, etc.

Even after arriving at an estate plan, the Will is prepared to tie it all together. The Will accomplishes several things.

Most importantly, the Will specifically addresses how you want your property to pass at your death. Without a Will, the property passes according to State law. **Cont. on Page 6**

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## Air drop on target

Cont. From Page 3

Having completed their briefings and testing, 50 members of the 165th TAS and 123d MAPS went to Fort Knox to check their effectiveness. The drop zone was marked, the smoke grenades were set and, after some discussion, a committee of pilots and navigators determined the Mean Effective Wind. All the information was passed to Lt. Col. Michael Harden, 165th TAS commander, who was navigator on board the aircraft and the man who would decide when to actually drop the bundle. Based on the results of the drops, the training had worked well. All of the parachutes opened properly and the bundles dropped safely and softly, right on the target. One drop was so accurate, the troops huddled on the "bulls-eye" letter had to scatter to avoid getting hit.

The mission went well. Not only was it successful in that accurate drops were made, but successful in that personnel in the 123d TAW have learned new and different jobs and are doing these jobs every bit as professionally as they did in the past. The Tactical Air Command's loss is indeed the Military Airlift Command's gain.

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## Estates

Cont. From Page 5

**The Guardian:** Many young persons (with children and not much property) think that they do not need a Will. What happens to minor children in the event of the deaths of both parents? One of the most important reasons to have a Will is to name a Guardian for minor children.

**The Personal Representative:** Sometimes called an Executor or an Executrix, this person is responsible for the administration of the estate at your death. Death is never easy on the family. The Will allows you to instruct the Personal Representative on what is to be accomplished. This minimizes the trauma of your death on the family at the worst possible time.

Advanced planning is the key. It is your property and family. No family should be without an estate plan.

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## AIDS

Reports indicate cases in Kentucky increasing

By Lt.Col. Jacqueline Reid  
OIC Environmental Health

This is the first of several articles about AIDS. You may wonder why this topic even needs to be addressed in a military newspaper, well, the reason is, the incidence of AIDS is rising ... not just in San Francisco and New York, but right here in River City and the Bluegrass State. Recent reports of the numbers of AIDS cases in Kentucky indicate that the rate doubled in 1987-1988.

Just who is responsible for this increase? No one individually, but health officials in Kentucky believe we are just beginning to see the effects that San Francisco and New York have been dealing with since AIDS was first recognized as a public health problem.

The profile of the person at risk to develop AIDS in Kentucky is the same as elsewhere: IV drug users and their sexual partners, homosexuals, hemophiliacs, and the group that is increasing most rapidly, mothers and their infants. Current research indicates that the virus that causes

AIDS, known as HTLV III, is not transmitted by casual contact. Transmission occurs through the exchange of body fluids like blood and semen. While the virus is present in tears and saliva, no reported cases have been traced to tears or saliva as the body fluid that transmitted the disease.

After coming into contact with the HTLV III virus, it may take from months to years before the individual develops AIDS. The virus enters special infection fighting blood cells known as "Helper" T cells. These cells protect the body from diseases. HTLV III virus enters the T cells and destroys their infection-fighting capability.

When this happens, infections by common organisms can overwhelm the body's defenses resulting in death. Two diseases that commonly affect persons infected with AIDS are Kaposi's Sarcoma and Pnuemocystis carinii, a rare lung disease.

In the next article, myths about AIDS and ways to protect yourself from the infection will be presented.

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## Behavior turnabout

WASHINGTON (AFNS) -- A 1988 survey shows a decrease in the number of military people who drink heavily and use drugs.

The Department of Defense released the results of its 1988 worldwide survey of substance abuse and healthy behaviors among military people Feb. 6.

The figures are the lowest since the survey series started in 1980. The survey also considered smoking and health practices.

Use of any drug by military people declined from 27.6 percent in 1980 to 4.8 percent in 1988. Use of marijuana and other drugs also dropped significantly between 1985 and 1988. In 1985, 6.5 percent of the military reported marijuana use, compared with 2.9 percent in 1988. Comparable figures for other drug use were 5.8 percent in 1985 and 3.1 percent in 1988.

The final report expands on last year's preliminary findings of decreasing tobacco use in the military.

Cigarette smoking and use of other tobacco products fell significantly between 1980 and 1988. For example, cigarette use declined from 51 percent to 40.9 percent. Heavy smoking of one or more packs a day declined from 34.2 percent in 1980 to 22.7 percent.

Among those who smoked within the past two years, 62 percent tried to stop and about one-fifth succeeded.

In its review of overall health practices, the survey found that almost 80 percent of military people took some action within the past year to improve their nutrition, such as eating fewer calories high in fat content. About 90 percent had blood pressure checks within the past year.

## Tax tips

### Reservists and taxes

**American Forces Press Service** -- If your normal workweek is Monday through Friday and you attend a meeting of an armed forces Reserve unit that meets one weekend a month in the general area of your tax home on Saturday night, the cost of transportation from your home to the Reserve meetings is a commuting expense. You may not deduct it.

If the meetings are held outside the general area of your tax home, you may deduct the cost of your transportation to attend them. If the Reserve meetings are held after work on a normal workday, even if your regular employment is with a defense activity, you may deduct the expense of getting from one place to the other. However, if for some personal reason you do not go directly from one location to the other, you may deduct only the amount it would have cost you to go directly from the first location to the second.

Also for reservists: You may deduct the unreimbursed cost of your uniform if military regulations restrict you from wearing it except while on duty as a reservist. In figuring the deduction, you must reduce the cost by any non-taxable allowance you receive for these expenses.

### Double-check -- increase accuracy

To those expecting a tax refund this year, the Internal Revenue service says an error-free return speeds processing time. A quick check for accuracy can help avoid mistakes; and a carefully prepared, easy-to-read return can be processed faster.

Once the return is completed, taxpayers should consult the following checklist:

Have you attached all your Forms W-2, "Wage and Tax Statements?"

Have you attached all the supporting schedules to your Form 1040?

Are your name and Social Security number on each schedule?

Are the names and Social Security numbers of dependents 5 years or over on your return?

Is your arithmetic correct?

Are all of your entries on the proper lines?

If you rounded off your numbers, did you round off consistently?

Is your handwriting legible?

When you used the Tax Table, did you follow the line across to the correct column for your filing status?

Did you sign and date your return? Remember, if it's a joint return, your spouse must sign, too.

Did you use the peel-off label?

Did you make a copy of your return for your records?

Did you put the correct postage on the pre-addressed envelope? If the return has several attachments, additional postage may be required.

## Assistance for Armenia

### Reserve units provide aid

**KELLY AFB, TEXAS (AFNS)** -- Two Air Force Reserve aircraft carried privately donated food, clothing and blankets to victims of the January earthquake in Soviet Armenia.

A C-5 Galaxy transport plane, the free-world's largest military aircraft, was from the 433d MAW of Minnesota. A C-141 transport plane belonged to the 459th MAW of Andrews AFB in Maryland.

The C-141 flew to Incirlik, Turkey, prior to arriving in the Soviet Union to ferry the C-5's cargo to Yerevan. All of the relief supplies arrived in Armenia by Feb. 1.

The airlift was a cooperative effort between the Soviets, the U.S. State and Defense departments and private donors.

### Children flown to U.S. for treatment

**SCOTT AFB, ILL. (AFNS)** -- Thirty-seven children injured in the Armenian earthquake last December arrived at Andrews AFB, MD., Feb. 9 aboard a C-141 Starlifter.

The Military Airlift Command plane brought the children from the Soviet Union so they could receive specialized medical treatment.

Twelve of the most critically injured were transferred to a waiting C-9 from the 375th Aeromedical Airlift Wing here and flown to Buffalo and Syracuse, N.Y., for treatment. The children's medical assistance is sponsored by Project Hope.

Crews manning the C-9 were from 57th Aeromedical Evacuation and 11th Aeromedical Airlift squadrons here. Commercial planes flew the remaining children from Washington to various hospitals in the U.S.

Brig. Gen. (Dr.) Fred Plugge, MAC surgeon, described the mission as another demonstration of the unique worldwide capability of the MAC aeromedical evacuation system.

So far, MAC active-duty, Guard and Reserve units have carried nearly 355 tons of supplies and equipment into Yerevan in support of international earthquake relief efforts.

## News Briefs

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### CCT honor graduates

Several of the first group of Combat Control Team members to retrain were recognized as Honor Graduates of the Combat Control Operator Course.

"This is a distinct accomplishment since only about 10 percent of students achieve this level of excellence," stated Maj. Linda J. Ullom, chief Air Training Command Operations Division, 3395 Technical Training Group.

The individuals were:

Capt. Orval L. Zummach Jr.

SMSGT. William T. Smith

MSGT. David M. Orange Sr.

TSgt. Gregory L. Wetzelberger

### Walk America for March of Dimes

By TSgt. Nathaniel Mack III  
Recruiter

This year, like years past, the March of Dimes are looking for volunteers to participate in this year's Walk America. This worthwhile event will be Saturday, April 22 at Bowman Field starting at 8 a.m., rain or shine.

The walk will consist of a 25 kilometers stroll through scenic Seneca Park and at the end of the walk, refreshments, along with food will be provided for everyone who completes this event.

For over 50 years, the March of Dimes has raised money in an effort to prevent birth defects. Birth defects which have crippled so many babies, and in most cases has cut their little lives short before they ever begin.

That's why we need you to join our team, Kentucky's best team. Our team, along with other city-wide teams, will aid in the growing fight for healthy babies in our state, as well as the United States. Besides, what better way to spend a Saturday morning, than for a good cause. If you need another reason to walk, stop

and look at your own healthy children, they should be reason enough.

Contact Sergeant Mack at Ext. 422 for more details and become a member of the best team going, the Kentucky Air National Guard Walk America Team.

### NGAKy representative elected

Maj. Douglas W. Butler, 123d Civil Engineering Squadron, was elected by majority vote to the Board of Directors of the National Guard Association of Kentucky.

Major Butler represents the Separate Units of the KyANG. These are: Hq KyANG; 123d MAPS; 123d CAM; 123d CES; 123d CFT; 123d MSS; 123d MSF; 123d RMS; 123d Tac Hosp; 123d WSSF; 165th WeaFlt; 223 CS; 8123 Stud Flt.

The election was held during the February Unit Training Assembly.

### Pay products possibly delayed

Due to complications caused by the installation of a new software/hardware package in Data Processing, processing of military pay products may continue to be slow as it has been for the past month.

-- Military Pay

### Cross-training opportunities

There is one position available in the Safety Office (241X0), Safety Technician, for those currently looking to cross-train due to being an overage in their current position.

If interested contact the Base Career Advisor's Office at Ext. 604.

New positions will be published in the base newspaper as they become available.

### Discount tickets for circus

By TSgt. Nathaniel Mack III  
Recruiter

It's that time of year again for the "Greatest Show on Earth," the Ringling Brothers and Barnum & Bailey Circus. This year's "Greatest Show on Earth," will be at Freedom Hall at the Fairgrounds, March 14 through 18.

This circus safari fantasy features talented artists from the mysterious continent of Africa, haunting rhythms of authentic Zulu dancing, the rare beauty of performing African baboons, and the outstanding strength and mystical power of Tahar -- a Moroccan warrior who displays his mastery of natural forces by controlling a ferocious swarm of alligators. In all, the 118th edition of the Circus is the rarest and most beautiful collection of natural wonders ever assembled.

The regular ticket prices are \$10.50 and \$8.50. The Air Guard discount prices will be \$8.50 and \$6.50. Furthermore, our day at the circus will be Saturday, March 18 at noon, so come on out and enjoy a fun afternoon. Contact Sergeant Mack at Ext. 422 to place your orders. Deadline to have all money in is Wednesday, March 8.