



Phantoms to Hercules

KyANG converts from
RF-4C to C-130B



Commander's Column

Look for positive side

I'm sure that each of you are now very much aware of the latest challenge issued the members of the Kentucky Air National Guard. While I can't say that all of our people are elated with the forthcoming conversion from the RF-4C to the C-130B - I can say without a doubt that everyone will give it their best shot as is the tradition of the Kentucky Air Guard personnel.

I will not attempt to explain why, but will say that there must be a reason which is in the best interest of Kentucky and our nation for our selection for this mission. We must look for the positive issues and press on with the business ahead. I ask you for your support in this challenge.

What lies ahead? First of all, the ORJ has been cancelled and we are going to summer camp to get ready for the challenge. Quite possibly we will have people in schools by early Fall as the first aircraft will be arriving during the January-March 1989 time frame. For the most

part, much of the training will be accomplished at home station. Aircrews can expect a tour of Little Rock AFB for their initial checkout. The conversion is expected to take 8 to 12 months.

On the positive side we can expect no reductions in strength and in the long term more jobs and continued growth - much unlike what we were facing in reconnaissance. More than \$10 million in new construction and new aircraft are in the foreseeable future. Additionally, we're looking at a world-wide mission. I'm positive that within a couple of years we will again return to top of the list as the nation's finest airlift unit.



Brig. Gen. John L. Smith
Wing Commander

The PHANTOM'S EYE

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Brig Gen John Smith - Commander
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Chaplain's Column

Habits - don't get 'stuck'

By Chaplain (Capt.) Thomas Curry

Remember when your Mom or Dad said to you, "Don't make that face, because it might just stick that way and you'll be sorry?"

You may think now that their reasoning was silly and that there might be better reasons why they wanted you to change your expression. It is true, however, that the things we do become habits, and we are sometimes "stuck" doing a few things we might not like very much.

In C.S. Lewis' stories "The Chronicle of Narnia" there is a little boy named Edmund who is one of the most greedy, nasty, and mean boys you would ever want to meet. As a matter of fact, in one of the stories, "The Voyage of the Dawn Treader," Edmund's habit of being rude and greedy actually changes him into a dragon.

It takes love, and a lot of painful tearing of his skin, to get Edmund "unstuck" from his dragon-skin and back in to the shape of little boy.

Hebrews 12:1, 2 warns us not to get "stuck," like young Edmund, with bad habits by starting good habits that strengthen our walk with God. "...Let us lay aside every encumbrance, and the sin which so easily entangles us... fixing our eyes on Jesus, the pioneer and finisher of our faith."



Chaplain Thomas Curry

Habits don't have to be all bad. Since doing something a lot tends to become a habit, we have the choice of doing things that will be good for us and good for others.

You might have things you would rather do during your week than setting aside time for church, or for reading your Bible, or for praying, but, making these things habits, will help you be a certain kind of person. At first it might be hard to look for ways to help others, but once you do this enough, you will find yourself changed into the kind of person you're like.

Habits are important, and we need to "stick" with the right ones.

KyANG converts to C-130B aircraft

Trades recce mission for airlift

By SSgt. Jenny Montgomery
Editor

The Kentucky Air National Guard is converting from tactical reconnaissance - its mission since 1958 - to military airlift. The unit has been tasked with flying the C-130B Hercules, under control of the Military Airlift Command.

"Manned tactical reconnaissance is no longer affordable in lot of today's defense budget," said Brig. Gen. John L. Smith, commander 123d TRW. "The decision was made to draw down a unit. Considering all aspects of this location - size, metropolitan area, and being primarily an Army state, we were selected."

Standiford Field is located close to two large Army posts, making it highly suited for an airlift mission. Also, the high density population around the base does not lend itself to fighter aircraft, said General Smith. "There will in all likelihood be other units drawn down each year," he said.

Official announcement of the conversion was made Feb. 18. Conversion to the C-130B will take from eight to 12 months, with the first aircraft expected between January and March 1989. Although some members of the unit may not consider the C-130B as glamorous as the RF-4C, there are many advantages to the unit's new mission.

"For the community it will be a very quiet operation," said General Smith. "Economically, the community will benefit in the long term because of more jobs available."

The new mission will provide long term stability for the unit, with the possibility of follow on aircraft, such as the newer C-130H and the C-17, a larger transport aircraft, said General Smith.

Since more people will be on flying status, it will benefit the unit economically. The crew of the C-130B includes two pilots, one

navigator, a flight engineer and a load master.

"There should be no personnel cuts in growth in the immediate future and in the long term there will be added growth," said General Smith. As of the publication deadline for this issue, the new manning document for the unit had not been received.

Training will begin as early as the Fall of this year. The conversion will primarily affect all the maintenance, operations, and photo processing and interpretation areas. Extensive training will be required for the aircrew and people cross-training to become flight engineers and loadmasters. Most of the maintenance training will be conducted here, but others will have to go away to schools.

A conversion team from the National

Guard Bureau is expected here today. They will be here to discuss training, facilities and operations under the new mission.

Exact mission requirements have not been tasked yet, but the unit will receive an airport squadron consisting of 150 people. Based on missions flown by other C-130 units, the KyANG can probably expect 20 percent of its mission to be local training; 40 percent classified as world-wide training, accepting missions to support other units; and 40 percent to be MAC directed.

One plus for this new conversion is the cancellation of the Operational Readiness Inspection in September. Plans are on however for taking the unit to Savannah, Ga., for one last time. The time frame is not known yet.

C-130 Hercules Facts

The C-130 Hercules is a medium-range tactical airlift aircraft designed primarily for transport of cargo and personnel within a theater of operations. Variants of the C-130 perform many other missions, including close-air support, rescue and recovery, special operations and weather reconnaissance.

More than 900 C-130s have been delivered to the U.S. Air Force in the past 30 years, making it the "workhorse of the Air Force."

The C-130 can carry more than 42,000 pounds of cargo. Up to six pallets may be loaded onto the aircraft through the hydraulically operated main loading door and ramp in the rear of the aircraft.

The ramp can be lowered to the ground for loading and unloading wheeled vehicles, and can be adjusted to various heights for handling other cargo. Rollers in the floor of the cargo compartment enable quick and easy handling of cargo pallets

and can be removed to leave a flat surface, if needed.

Tie-down fittings for securing cargo are located throughout the compartment. The cargo area can be quickly adapted to either an all-passenger, combination passenger-cargo, all-cargo, or aeromedical airlift configuration.

The comfort pallet, aft-facing airline seat pallets and lavatory pallet designed for the C-141 aircraft can be used on the C-130 Hercules.

In its personnel carrier role, the C-130 can accommodate 92 combat troops or 64 fully equipped paratroops on side-facing troop seats. For aeromedical evacuations, it can carry 74 litter patients and two medical attendants.

Paratroops exit the aircraft through two doors, one on each side of the aircraft behind the landing-gear fairings, or exit off the rear ramp for free fall airdrops.

Continued on Page 5

Specifications

Primary function: theater tactical airlift
 Prime contractor: Lockheed-Georgia Co.
 Power plant/manufacturer: four Allison T56-A-15 turboprop engines
 Horsepower: 4,300 shaft horsepower
 Dimensions: wingspan 132 ft. 7 in., length 97 ft. 9 in., height 38 ft. 3 in.
 Speed: 386 mph with 155,000 lb. takeoff weight

Ceiling: above 25,000 ft.
 Range: 2,500 miles with 25,000 lb. cargo, 5,200 miles with no cargo
 Load: 47,000 lb. cargo, 92 troops, 64 paratroops or 74 litter patients with two attendants
 Crew: five (two pilots, a navigator, flight engineer and loadmaster)
 Maximum takeoff weight: 155,000 lb.
 Status: operational

The Enabler

A look at alcoholic 'protector'

Editor's Note: The following interview with Maj. George E. Hill, chief Social Actions Office, appeared in *LifeSpring Mental Health Services Magazine*, Fall 1987 issue. Major Hill is director at LifeSpring's Scott County Office. The interview was conducted and edited by Jo Fletcher, coordinator of Volunteer Services for LifeSpring.

When the word "enabler" is used, is it always in connection with alcoholism?

To begin with, I think of the word in a broader sense than just in the substance abuse area. An enabler is one who participates in and helps the person continue in a dysfunctional way of living. If we look at children, the "tough love" concept fits in with this. And the "parenting of parents" issue. As parents grow older, the adult children may have to act in the parents' best interest, instead of according to their wishes. It's very hard to get out of the enabling role in all of these situations.

When the word is used in connection with alcoholism, an enabler is a person who allows for or facilitates the continuation of an illness and in the process, becomes ill themselves. The enabler—also called the co-dependent or the para-alcoholic—tends to protect the person, cover up for him, not allowing the alcoholic to take the consequences of the behavior and to learn from that experience.

Would you give some examples of enabling behavior?

A mother comes in, has a son who's been in jail numerous times, has abused her and others in the family, yet she still sees him as not responsible for his behavior. She tells me she wants to have him "fixed," then she tells me how she wants that done. Or the wife of a man who's been in jail at least once a month for the past six months, and she wants him "fixed." So we get him in the hospital. But he doesn't like it there. Then she calls me and wants me to get him out of the hospital "because he doesn't like it there."

Do the people who become the enablers have some personality traits in common?

The enabler is often a woman who has had low self-esteem from childhood. She is the placator, the peacemaker, the martyr, the responsible person in the family. When she becomes an adult, she tries to take care of people. This role gives her some status, some control and some security.

When you're working with an alcoholic's family, how can you convince the enabler that the enabling behavior must stop?

I try to get the person to see that either they're going to be part of the problem or part of the solution. I tell a woman it's better to see him in jail than to see him dead. And it's better to see him in jail than to hear he's run over somebody. You know, I think this whole idea of enabling is tied in with our Judeo-Christian background of being loving and kind, *unconditionally* loving and kind. I tell a person: You know _____ has an illness, you tell me you want to help, but you don't want to cause him any pain. What if my daughter comes to me with a pain in her side. It sounds like it might be appendicitis, so I tell her we might have to take her to the doctor. But she says she doesn't want to do. Do I just let her stay home?

This is kind of a delicate situation. If I'm too firm or direct, people may say I'm being cruel, that I'm not really trying to help. Sometimes I have to say, look, you're telling me you son—or wife or husband—has been ill all these years, you want me to help, but you want to tell me how to do it. Let's stop and recognize that we (LifeSpring staff) are in the business here of knowing how to do that.

The therapist can enable, too. That's an issue for me as a therapist; how to avoid becoming enmeshed in the process, becoming an enabler to the enabler. Yet I don't want to hit them over the head with a sledge hammer.



Maj. George Hill
Social Actions Office

That's an interesting idea, becoming an enabler to the enabler.

In a small town, that system of enabling gets into the whole community. If you have a sheriff who knows the family, a judge who knows them, the doctor knows them, etc., there's often a feeling that "maybe we ought to give _____ a break this time, maybe he'll do better this time." As a therapist, instead of just getting angry at these officials and coming across as harsh with them, my role is to educate those in the system. I've got to point out that sometimes we have to be tough and honest and do things that seem harsh.

What happens when you take away an alcoholic's enabler?

When the alcoholic sees that there's not going to be any rescue, that when the spouse or parent says "the next time you come in drunk, I'm going to call the police" and follows through on it and he spends some time in jail, he knows that things have changed.

What are the effects on children of growing up in a home where the mother exhibits enabling behavior?

Now we're getting into the area of adult children of alcoholics. Let's say a little girl sees her mother make excuses for the alcoholic, speak in a soft voice, never confronting because "it might make him start drinking," bailing him out of jail. The daughter grows up hating it, yet when she's grown, lo and behold, she will find someone like the alcoholic to marry so she can take care of him. She's familiar with the role, and it gives her a certain amount of control.

So I talk to women about their children: "It's not just _____ over there who's hurting himself, he's hurting you and he's hurting your child." If I put her in the position of having to decide, "Do I help him or help my children?" it makes the decision easier.

Is Al-Anon a good group for women who need help with the problems we've been talking about?

Yes, certainly. The mutual support of the group helps members learn from one another. It's often easier to see that Martha over there is enabling Joe than it is to see it in ourselves. So in a group, you're able to help Martha and Martha can help you.

Taking care of an alcoholic is a way to escape making decisions to live, to grow, to become yourself. You're so busy taking care of the alcoholic, you don't have to make decisions about what to do with your life. If you're going to help the person who has the problem, first you've got to help yourself.

George Hill is Director at LifeSpring's Scott County Office. LifeSpring statistics show that 19% of the clients treated at the office in Scott County are in treatment of alcohol abuse.

Interview conducted and edited by Jo Fletcher, Coordinator of Volunteer Services for LifeSpring.

Knowing when to say 'when'

Knowing when you've had enough to drink is an important bit of information. Well, some researchers at the Virginia Polytechnic Institute and State University have some information that suggests we don't really have much idea when we reach that point.

They studied college students drinking in bars to discover the rate at which various individuals got drunk, and their perceptions of their own Blood Alcohol Content (BAC, also known as Blood Alcohol Level, or BAL).

Here is some of the information they found out (with some comments).

Those who had higher BACs were those who bought beer by the pitcher rather than by the bottle or cup. (perhaps the pitcher drinkers **intended** to drink more in the first place, or perhaps they drank more because they felt obligated to finish a pitcher once they had one.)

Men tended to have higher BACs than did women. (Possibly men drink more due to some "macho" attitude.)

The higher their BACs were in reality, the more the drinkers tended to underestimate how drunk they were. (Judgment is adversely affected by alcohol.)

The people who ended up with higher BACs started drinking sooner after they arrived, and stopped drinking closer to the time they left, than those with lower BACs. Those with light or moderate alcohol levels started drinking later and stopped earlier.

(Those who started earlier and stopped later of course drank for a longer time. Further, those who stopped earlier had a little time to work off the effects of the alcohol before they drove home.)

So what can you do to avoid overdoing it?

Watch the amount you drink and the rate, knowing that the faster you knock them back, the faster you'll become drunk? Watch your friends, knowing that your male friends will drink more and the sooner they start drinking after arriving at a bar or a party, the more likely they will have high BACs?

Those may be good points, but probably not good enough. The main problem with drinking is that the drinker's judgment becomes affected. He or she ceases to care how much has been consumed, or just plain forgets. And **the more alcohol people consume, the less drunk they think they are.**

So the only way to make sure you are safe to drive is to refrain from drinking at the party or at the bar, or drink only soft drinks. That way you can safely drive your friends home. That way they'll be around to go to another party with you.

Source: SAE Report 860359, "Drunk Driving Prevention: Knowing When To Say When," by E. Scott Geller and Nason W. Russ, Department of Psychology, Virginia Polytechnic Institute and State University.

C-130 Hercules

Continued from Page 3

The C-130 can deliver personnel, equipment or supplies either by landing or by various aerial delivery modes.

The crew for airlift missions is usually five: two pilots, a navigator, a flight engineer and a loadmaster. For aerial delivery missions, a second loadmaster is added. Crews on variants of the C-130 differ according to mission. The flight deck and cargo compartment are pressurized and air-conditioned for crew and passenger comfort as well as for protection of delicate cargo.

The Hercules can operate on as little as 3,000 feet of dirt runway and, as a result, was used extensively during the conflict in Southeast Asia.

Its ability to use relatively short semiprepared runways, and to airdrop personnel and cargo makes the C-130

ideally suited for disaster relief missions. C-130s have flown to crisis areas around the world to deliver food, clothing, shelter, and medical personnel and supplies, and to fly victims out of the disaster area.

Some Air National Guard and Air Force Reserve C-130s are equipped to combat forest fires. A modular airborne fire-fighting system, filled with a fire-retardant mixture is loaded aboard the C-130B, then pressurized.

This modular system can spray 3,000 gallons of the fire-retardant mixture over an area 125 feet wide and one-half mile long in just 10 seconds.

The C-130B entered service in June 1959. The B model carries additional fuel in the wings, and has upgraded engines and strengthened landing gear. Both the Air National Guard and Air Force Reserve fly this model.

Black History Month

In equal opportunity DOD has no peer

Editor's Note: The following article is to commemorate Black History Month celebrated in February. In the KyANG in 1977 the total black population of the unit numbered 49. By contrast, 10 years later the unit employs 151 black members, - 11.2 percent of the unit's total strength.

**By Gen. Bernard Randolph
Commander, Air Force Systems
Command**

ANDREWS AFB, Md. (AFNS) - As an equal opportunity employer, the Department of Defense has no peer. In both word and deed, no other American institution more strongly supports this nation's human relations goals.

I don't say this cavalierly, or simply because I'm one of an ever-growing number of black Americans who have "made it" in the military. I say it reflecting upon more than 30 years of experience watching a system change, watching people change and watching progress come.

I'm not saying we're perfect - not at all; but as of now, Black History Month 1988, we're a lot better than whatever institution is second in line.

More than 400,000 black men and women now serve in the uniform of their country - almost 20 percent of our entire military force. Young black people are joining and re-enlisting in record numbers, so we must be doing something right.

Blacks occupy more management positions in the military than in business, journalism, government, medicine, education - and yes in sports - or any other significant segment of American society. There should be few, if any, Air Force people who haven't been exposed to the leadership of a black officer, or senior noncommissioned officer, by now.

I am but one of more than 100 blacks who have achieved flag rank, and all but four are alive today. The promotion of a black to flag rank, no longer a rarity, occasions little comment and even less media interest. That's the way it should be if you believe along with Dr. Robert R. Morton that equal opportunity should come naturally to those who strive, regardless of their background.

In May 1922, at the opening ceremonies of Tuskegee Institute, Doctor Morton, its first president, spoke of many things - Abraham Lincoln, a civil War just 60 years before, and of the future - possibly of our time now some 60 years later. His message is clear:

"I somehow believe that all of us, black and white, both North and South, are going to strive on to finish the work begun so nobly to make America an example for the world of equal opportunity, for all who strive and are willing to serve under a flag that makes men free."

Gen. Daniel "Chappie" James Jr. was one who strived and was willing to serve.

About a month before his death in 1978, General James held a press conference at the Pentagon. When asked what kind of message he had for young blacks, today, he offered this:

"Young blacks and other minorities should go out and prepare themselves to be qualified, so that we take that crutch away from the bigot who used to say, 'I wanted to hire a black one, but I couldn't find one that is qualified.'"

"Go get qualified, and you snatch that crutch right out from under him. An when the time comes and they crack that door of opportunity, you can step in and take charge."

Dr. Ronald McNair, who once picked cotton for \$4 a day, was one young black who prepared himself, and when his door of opportunity opened, he stepped in and took charge. At age 35, he had already earned a doctorate in physics from the Massachusetts Institute of Technology at Cambridge, and was a scientist and space pioneer when we lost him in the tragedy of the space shuttle Challenger.

Doctor McNair achieved much in his short life, but he played down his achievements because he believed there are many inner city youths out there who could one day control a spacecraft with the same skill and grace that their young hands now use to control a basketball.



Gen. Bernard Randolph
Air Force's highest ranking black officer.

At a conference of minority students, he gave us his philosophy in one short sentence: "In the final analysis, success doesn't depend on shades of complexion, but on the depth of your preparation and motivation."

Let me ask you this: has the time in the history of America finally come when we, as a nation, and as a people, regardless of our background, need to stop philosophizing about better ways to create equal opportunities for future success and, instead, concentrate all our efforts on developing the right habits and skills to grab the wealth of opportunities already in front of us? Has the time of Doctor Morton's hope, that there would be "equal opportunity for all who strive," already arrived?

There is no yes or no answer to either of these questions. There can only be a personal decision made. Not in the form of words, but in commitment. Those great Americans who have brought us this far would ask for nothing less, and we must demand it from ourselves.

NCOPC class graduates

The second Noncommissioned Officer Preparatory Course conducted by the KyANG graduated Feb. 19.

Eleven senior airmen completed the two-week course which emphasizes leadership and followership skills. The first phase in Professional Military Education, the NCO Preparatory Course is designed to prepare students to become noncommissioned officers.

Course curriculum includes 60 hours of instruction divided between military studies, communication skills, world affairs, Air National Guard and local missions, and leadership and management.

The students are expected to perform just as they would if they were attending a PME course at any other base, said MSgt. Howard Rutledge, course manager. Students are inspected in their service dress, service and fatigue uniforms. They also must take two written tests based on the material presented.

To graduate, the students must obtain a 70 percent average on the two written exams, pass three open rank inspections, and receive a satisfactory rating on conduct and behavior.

MSgt. Kenneth Franklin, NCOIC of field maintenance, was the guest speaker during the class graduation luncheon. Several awards were presented during the luncheon.

The John Levitow Award, presented to the student who excelled as both a leader and a scholar, went to SrA Sonja L. Greentree, 123d Tactical Hospital. The Levitow Award is the highest honor awarded to a graduate

and is named for Medal of Honor recipient AIC John Levitow, the first enlisted Medal of Honor winner since WWI.

The Distinguished Graduate Award, for highest academic score, was presented to SrA Robert F. Mudd, 123d Consolidated Aircraft Maintenance Squadron. A Certificate of Achievement was presented to SrA Phillip T. Tinker, 123d CAM, for his outstanding military bearing, professionalism and excellence as a role model for others.

Primary instructors for the course were Sergeant Rutledge, SSgt. Elke Adams and SSgt. Jenny Montgomery. Adjunct instructors for this class were Col. Pete Snyder, Maj.

Gary Napier, MSgt. Todd Beasley, MSgt. Peggy Kottak, TSgt. Sharon Bizer, and TSgt. Kenneth Raeuchle.

Graduates were:
 SrA Paul B. Combs, 123d RMS
 SrA Janet R. Donohue, 123d CFT
 SrA Sonja L. Greentree, 123d Tac Hosp
 SrA Darryl J. Loafman, 123d WSSF
 SrA Timothy S. Malone, 123d CAM
 SrA Robert F. Mudd, 123d CAM
 SrA Michael D. Napper, 123d CAM
 SrA Eric A. Schulte, 123d CES
 SrA Jimmy L. Spencer, 123d WSSF
 SrA Ronald C. Thomas, 123d CES
 SrA Phillip T. Tinker, 123d CAM



KyANG Photo by MSgt. Charles Amsler Jr.

Brig. Gen. John L. Smith, wing commander, welcomes class
 Instructors SSgt. Elke Adams and MSgt. Howard Rutledge look on

Rent to buy?

Check total cost before jumping in

By Evelyn D. Harris
 American Forces Information Service

Sgt. Joe Smith had just gotten married. Since he and his wife needed everything, they jumped at the following ad:

"Why wait for the good life? Rent to buy this \$400 TV - only \$18 a week."

Smith went to the store, liked the looks of the TV, and was ready to sign the contract

when he decided to stop and read the fine print. What he read made him change his mind. The set would not be his until he'd paid the \$18 for 78 weeks - adding up to \$1,004 for a \$400 item.

Smith took his credit card to the BX and charged a set. Even though his card carries an interest rate of 18 percent, he can pay \$36 a month for the set and own it in a year. He'll pay \$432 for a \$400 set, but that's a lot better than \$1,004.

If he had waited, he could have gotten it for even less. If he saved \$18 a week, he'd have \$400 in less than six months. Saving \$18 a week may sound difficult, but it's easier than paying \$604 more of your hard-earned money for the set than it should cost.

Occasionally, renting an item you rarely use - such as a video camera to record your baby's first birthday or a machine to clean your carpet - is smart. But if you're thinking of renting something you want to own, think again.

SON'S HARDWARE



Exchange opens

Grand opening ceremonies for the KyANG Base Exchange is being held today and tomorrow.

Located in the old base club building, next to the Credit Union, the store officially opened Monday. Although they cannot stock everything a larger BX could, they will stock many items, said Lois Coffey, who has overseen the store's opening.

The exchange will stock clothes, health and beauty aids, cigarettes, beer, military items, auto accessories, etc., said Coffey. "You can order anything that the Fort Knox or Wright Patterson exchanges have," she added. "Most uniform items will have to be ordered since there is not room in the store for a large stock." Usually these can be received within two days to a week if Wright Patterson has the item in stock.

During the grand opening today and tomorrow the store will be offering various specials. Connie Semmler is the local exchange manager.

Store hours will be 10:30 a.m., to 5 p.m., weekdays and UTA weekends. The store will be closed on the Monday and Tuesday following a UTA weekend.

Cross training opportunities

Members wishing to be considered for cross training into careers in the 123d Tactical Hospital or in the food services section are encouraged to pursue either of these options by contacting the base career advisor's office.

The AFSCs opening in the hospital are: 924X0 - Medical Lab Specialist, 2 positions;

901X0 - Aero Medical Technician, 4 positions; and 905X0 - Pharmacy, 2 positions.

Anyone interested in these career fields should contact MSgt. Peggy Kottak, base career advisor, at ext. 604 or stop in the base career advisor's office, Room 132 of the O&T Building.

Bean Soup Feast, Open House set

The KyANG Annual Bean Soup Feast and Open House will be held here April 7 from 11 a.m. to 7 p.m.

Each year the KyANG raises thousands of dollars with this event to benefit underprivileged children in the area. Tickets have been distributed through unit orderly rooms and can also be purchased at the door. Tickets are \$3.00 for adults or \$1.50 for children.

Volunteers are still needed to help cook and serve the famous beans. Anyone interested can contact MSgt. John Lundergan at ext. 638.

NGAKy 57th Annual Conference

The 57th Annual National Guard Association of Kentucky Conference will be held March 25 to 26, in Lexington.

This year's conference will be held at the Lexington Marriott and will include several special events along with the traditional business session.

The conference opens Friday with the



Promotion

Brig. Gen. Donald J. Ryan, chief of staff, Headquarters KyANG, was presented his star Feb. 9 by Brig. Gen. Michael W. Davidson, the adjutant general of Kentucky, and his wife Georgia Ryan, at Boone National Guard Center.

conference's first Open Golf Tournament. The day's activities also include a Bridge Tournament and the Bluegrass Bash. The business session begins Saturday at 8:30 a.m., followed by a Tennis Tournament and Family Fun Run.

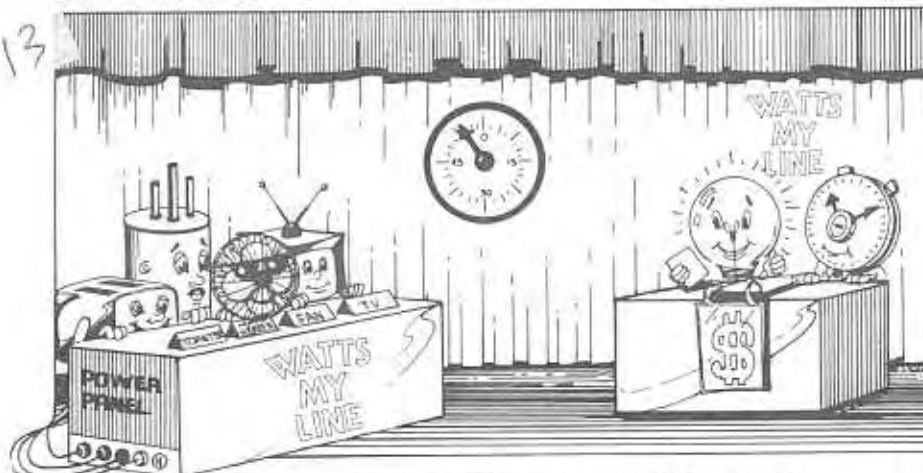
The Presidential Reception will begin at 6:30 p.m., Saturday, followed by the Banquet and Military Ball at 7:30.

The guest speaker for the banquet will be Jimmy Dean - entertainer, singer, raconteur, songwriter and entrepreneur. From a poor beginning in Plainview, Texas, he has gone on to be successful in both the entertainment field and the meat packaging industry. And, Mr. Dean even served in the Air force, stationed at Bolling AFB, D.C.

Conference events will also include activities for spouses and children. Babysitting service will be available.

Conference registration forms have been mailed to each NGAKy member. These should be returned along with your check no later than March 11. If you have any questions you can call the NGAKy office at 502 564-7500 or 800 251-2333.

IT'S MORE THAN JUST A GAME



Conserve Energy Now!
Before Time Runs Out